

Metompkin Inlet, VA - Oct 1983

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:04	3.3	4:44	4.6	9:55	0.6	11:00	0.7	6:57	6:46	
2	Sun	5:11	3.5	5:48	4.7	11:01	0.4	11:59	0.4	6:58	6:45	
3	Mon	6:13	3.8	6:45	4.8			12:05	0.1	6:59	6:43	
4	Tue	7:09	4.2	7:38	4.9	12:53	0.1	1:05	-0.2	7:00	6:42	
5	Wed	8:01	4.6	8:28	4.9	1:43	-0.2	2:01	-0.5	7:01	6:40	
6	Thu	8:51	4.8	9:16	4.7	2:29	-0.4	2:53	-0.6	7:02	6:39	
7	Fri	9:40	5.0	10:03	4.5	3:13	-0.5	3:43	-0.5	7:02	6:37	
8	Sat	10:27	5.0	10:50	4.2	3:56	-0.4	4:33	-0.3	7:03	6:36	
9	Sun	11:14	4.9	11:36	3.8	4:40	-0.2	5:24	0.0	7:04	6:34	
10	Mon			12:01	4.7	5:24	0.1	6:16	0.3	7:05	6:33	
11	Tue	12:22	3.5	12:50	4.4	6:12	0.4	7:11	0.7	7:06	6:31	
12	Wed	1:12	3.2	1:42	4.2	7:02	0.7	8:09	1.0	7:07	6:30	
13	Thu	2:05	3.0	2:40	3.9	7:58	1.0	9:09	1.2	7:08	6:28	
14	Fri	3:06	2.9	3:43	3.8	8:56	1.1	10:09	1.3	7:09	6:27	
15	Sat	4:11	2.9	4:45	3.8	9:55	1.2	11:03	1.2	7:10	6:26	
16	Sun	5:11	3.1	5:40	3.9	10:53	1.1	11:50	1.1	7:11	6:24	
17	Mon	6:01	3.3	6:25	4.0	11:47	1.0			7:12	6:23	
18	Tue	6:45	3.6	7:07	4.1	12:30	1.0	12:36	0.8	7:13	6:22	
19	Wed	7:26	3.9	7:46	4.1	1:06	0.8	1:20	0.6	7:14	6:20	
20	Thu	8:05	4.2	8:25	4.2	1:42	0.6	2:02	0.4	7:15	6:19	
21	Fri	8:45	4.5	9:04	4.2	2:17	0.4	2:43	0.3	7:16	6:18	
22	Sat	9:24	4.7	9:43	4.1	2:53	0.3	3:25	0.2	7:17	6:16	
23	Sun	10:05	4.8	10:24	4.0	3:29	0.2	4:07	0.3	7:18	6:15	
24	Mon	10:47	4.9	11:06	3.8	4:08	0.3	4:53	0.3	7:19	6:14	
25	Tue	11:31	4.8	11:51	3.6	4:50	0.3	5:42	0.5	7:20	6:12	
26	Wed			12:19	4.8	5:36	0.4	6:36	0.6	7:21	6:11	
27	Thu	12:41	3.4	1:13	4.6	6:29	0.5	7:35	0.7	7:22	6:10	
28	Fri	1:37	3.3	2:13	4.5	7:29	0.6	8:37	0.8	7:23	6:09	
29	Sat	2:42	3.2	3:19	4.4	8:35	0.6	9:39	0.7	7:24	6:08	
30	Sun	2:51	3.3	3:26	4.4	8:42	0.5	9:40	0.5	6:25	5:07	
31	Mon	3:59	3.6	4:28	4.4	9:49	0.4	10:36	0.2	6:26	5:05	