

Metompkin Inlet, VA - Nov 1983

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	5:00	3.9	5:25	4.4	10:54	0.1	11:28	-0.1	6:27	5:04	
2	Wed	5:54	4.3	6:17	4.3	11:54	-0.1			6:28	5:03	
3	Thu	6:44	4.6	7:05	4.2	12:16	-0.3	12:49	-0.3	6:29	5:02	
4	Fri	7:32	4.9	7:52	4.1	1:01	-0.4	1:40	-0.4	6:30	5:01	
5	Sat	8:18	5.0	8:38	3.9	1:44	-0.5	2:28	-0.4	6:31	5:00	
6	Sun	9:03	4.9	9:23	3.7	2:27	-0.4	3:15	-0.2	6:32	4:59	
7	Mon	9:49	4.8	10:08	3.5	3:09	-0.2	4:02	0.0	6:33	4:58	
8	Tue	10:34	4.6	10:54	3.2	3:52	0.1	4:50	0.3	6:34	4:57	
9	Wed	11:20	4.3	11:41	3.0	4:38	0.3	5:40	0.6	6:35	4:56	
10	Thu			12:09	4.1	5:27	0.6	6:33	0.9	6:36	4:55	
11	Fri	12:31	2.9	1:01	3.8	6:20	0.9	7:27	1.0	6:37	4:55	
12	Sat	1:27	2.8	1:58	3.7	7:16	1.0	8:19	1.1	6:38	4:54	
13	Sun	2:28	2.9	2:56	3.6	8:14	1.1	9:09	1.1	6:39	4:53	
14	Mon	3:28	3.0	3:50	3.6	9:12	1.1	9:55	1.0	6:40	4:52	
15	Tue	4:21	3.3	4:40	3.6	10:07	1.0	10:38	0.8	6:42	4:51	
16	Wed	5:08	3.6	5:25	3.7	10:59	0.8	11:19	0.6	6:43	4:51	
17	Thu	5:51	4.0	6:07	3.8	11:48	0.6	11:59	0.3	6:44	4:50	
18	Fri	6:33	4.3	6:49	3.8			12:34	0.4	6:45	4:49	
19	Sat	7:14	4.6	7:32	3.8	12:39	0.1	1:19	0.2	6:46	4:49	
20	Sun	7:57	4.8	8:15	3.8	1:19	0.0	2:04	0.0	6:47	4:48	
21	Mon	8:41	4.9	9:00	3.7	2:00	-0.1	2:49	0.0	6:48	4:48	
22	Tue	9:27	5.0	9:46	3.6	2:43	-0.2	3:37	0.0	6:49	4:47	
23	Wed	10:15	5.0	10:35	3.5	3:29	-0.2	4:28	0.1	6:50	4:47	
24	Thu	11:05	4.8	11:28	3.3	4:20	-0.1	5:22	0.2	6:51	4:46	
25	Fri	11:59	4.6			5:15	0.1	6:20	0.3	6:52	4:46	
26	Sat	12:25	3.2	12:57	4.4	6:17	0.2	7:19	0.3	6:53	4:45	
27	Sun	1:29	3.2	2:00	4.2	7:22	0.3	8:18	0.2	6:54	4:45	
28	Mon	2:37	3.4	3:04	4.0	8:30	0.3	9:15	0.1	6:55	4:45	
29	Tue	3:44	3.6	4:06	3.8	9:37	0.2	10:10	-0.1	6:56	4:44	
30	Wed	4:45	3.9	5:03	3.7	10:43	0.1	11:01	-0.3	6:57	4:44	