

Metompkin Inlet, VA - Jan 1984

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	6:56	4.2	7:08	2.9	12:11	-0.4	1:16	-0.1	7:17	4:54	
2	Mon	7:41	4.2	7:52	2.9	12:56	-0.4	1:59	-0.1	7:17	4:54	
3	Tue	8:24	4.2	8:35	2.9	1:40	-0.5	2:39	-0.1	7:17	4:55	
4	Wed	9:06	4.2	9:18	2.9	2:21	-0.4	3:18	0.0	7:17	4:56	
5	Thu	9:48	4.1	10:00	2.9	3:02	-0.3	3:57	0.1	7:17	4:57	
6	Fri	10:28	4.0	10:42	2.9	3:43	-0.2	4:36	0.2	7:17	4:58	
7	Sat	11:09	3.8	11:25	2.9	4:26	0.0	5:16	0.3	7:17	4:59	
8	Sun	11:50	3.6			5:11	0.2	5:57	0.4	7:17	5:00	
9	Mon	12:10	2.9	12:32	3.4	5:59	0.5	6:39	0.5	7:17	5:00	
10	Tue	12:58	2.9	1:17	3.2	6:50	0.6	7:22	0.5	7:17	5:01	
11	Wed	1:49	3.0	2:06	3.0	7:45	0.7	8:07	0.5	7:17	5:02	
12	Thu	2:44	3.2	3:00	2.9	8:42	0.7	8:55	0.4	7:17	5:03	
13	Fri	3:40	3.5	3:56	2.8	9:42	0.6	9:46	0.2	7:17	5:04	
14	Sat	4:35	3.8	4:51	2.9	10:42	0.5	10:39	0.0	7:16	5:05	
15	Sun	5:29	4.1	5:45	3.0	11:39	0.2	11:33	-0.3	7:16	5:06	
16	Mon	6:21	4.4	6:37	3.1			12:34	-0.1	7:16	5:07	
17	Tue	7:12	4.7	7:29	3.3	12:26	-0.6	1:26	-0.4	7:15	5:08	
18	Wed	8:04	4.9	8:21	3.4	1:18	-0.9	2:15	-0.6	7:15	5:10	
19	Thu	8:55	5.0	9:13	3.5	2:09	-1.1	3:05	-0.8	7:14	5:11	
20	Fri	9:46	4.9	10:05	3.6	3:01	-1.2	3:54	-0.8	7:14	5:12	
21	Sat	10:36	4.7	10:58	3.7	3:55	-1.1	4:44	-0.8	7:14	5:13	
22	Sun	11:26	4.4	11:52	3.7	4:51	-0.9	5:34	-0.7	7:13	5:14	
23	Mon			12:17	4.0	5:50	-0.6	6:26	-0.6	7:12	5:15	
24	Tue	12:49	3.6	1:11	3.5	6:52	-0.3	7:18	-0.5	7:12	5:16	
25	Wed	1:50	3.6	2:09	3.1	7:57	0.0	8:12	-0.3	7:11	5:17	
26	Thu	2:54	3.6	3:11	2.8	9:04	0.1	9:07	-0.2	7:11	5:18	
27	Fri	3:59	3.6	4:14	2.6	10:13	0.2	10:04	-0.1	7:10	5:19	
28	Sat	5:00	3.7	5:12	2.6	11:19	0.2	11:00	-0.2	7:09	5:20	
29	Sun	5:54	3.8	6:04	2.6			12:16	0.2	7:08	5:21	
30	Mon	6:42	3.8	6:50	2.7			1:03	0.1	7:08	5:23	
31	Tue	7:26	3.9	7:33	2.8	12:40	-0.3	1:42	0.1	7:07	5:24	