

Metompkin Inlet, VA - Jul 1984

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:59	3.6	11:27	5.0	4:49	-0.1	4:42	-0.3	5:44	8:27	
2	Mon	11:50	3.6			5:39	-0.1	5:37	-0.2	5:45	8:27	
3	Tue	12:17	4.8	12:44	3.7	6:30	-0.1	6:35	0.0	5:45	8:27	
4	Wed	1:08	4.5	1:40	3.7	7:22	-0.1	7:37	0.1	5:46	8:27	
5	Thu	2:03	4.1	2:41	3.8	8:15	-0.1	8:41	0.3	5:46	8:27	
6	Fri	3:00	3.8	3:43	4.0	9:08	-0.1	9:47	0.4	5:47	8:27	
7	Sat	4:01	3.5	4:46	4.1	10:01	0.0	10:54	0.4	5:47	8:26	
8	Sun	5:02	3.3	5:45	4.3	10:55	-0.1	11:59	0.3	5:48	8:26	
9	Mon	6:01	3.1	6:40	4.5	11:49	-0.1			5:48	8:26	
10	Tue	6:55	3.1	7:30	4.6	1:00	0.2	12:42	-0.1	5:49	8:25	
11	Wed	7:46	3.1	8:19	4.6	1:53	0.1	1:33	-0.2	5:50	8:25	
12	Thu	8:34	3.1	9:05	4.6	2:40	0.1	2:20	-0.2	5:50	8:25	
13	Fri	9:20	3.2	9:49	4.5	3:23	0.1	3:05	-0.1	5:51	8:24	
14	Sat	10:04	3.2	10:32	4.4	4:04	0.2	3:48	0.0	5:52	8:24	
15	Sun	10:48	3.2	11:13	4.3	4:44	0.2	4:31	0.1	5:52	8:23	
16	Mon	11:31	3.3	11:54	4.1	5:23	0.4	5:15	0.3	5:53	8:23	
17	Tue			12:14	3.3	6:02	0.5	6:00	0.5	5:54	8:22	
18	Wed	12:35	3.9	12:58	3.3	6:42	0.6	6:48	0.8	5:55	8:22	
19	Thu	1:16	3.7	1:44	3.4	7:22	0.7	7:38	1.0	5:55	8:21	
20	Fri	2:00	3.4	2:33	3.4	8:03	0.8	8:31	1.1	5:56	8:20	
21	Sat	2:47	3.2	3:25	3.6	8:46	0.8	9:26	1.2	5:57	8:20	
22	Sun	3:40	3.1	4:20	3.8	9:32	0.8	10:23	1.1	5:58	8:19	
23	Mon	4:35	3.0	5:14	4.0	10:22	0.7	11:21	1.0	5:59	8:18	
24	Tue	5:30	3.1	6:07	4.3	11:14	0.6			5:59	8:17	
25	Wed	6:23	3.2	6:58	4.6	12:18	0.8	12:08	0.4	6:00	8:17	
26	Thu	7:15	3.3	7:49	4.9	1:12	0.5	1:01	0.1	6:01	8:16	
27	Fri	8:06	3.5	8:39	5.1	2:03	0.3	1:53	-0.2	6:02	8:15	
28	Sat	8:57	3.7	9:29	5.2	2:51	0.0	2:45	-0.4	6:03	8:14	
29	Sun	9:48	3.9	10:19	5.2	3:39	-0.2	3:36	-0.6	6:03	8:13	
30	Mon	10:40	4.0	11:08	5.1	4:26	-0.3	4:29	-0.6	6:04	8:12	
31	Tue	11:32	4.1	11:57	4.8	5:14	-0.4	5:23	-0.4	6:05	8:11	