

Metompkin Inlet, VA - Jan 1985

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	3:49	3.2	4:03	2.8	9:49	0.8	9:51	0.4	7:17	4:54	
2	Wed	4:40	3.5	4:53	2.8	10:45	0.7	10:38	0.3	7:17	4:55	
3	Thu	5:28	3.8	5:41	2.8	11:37	0.5	11:25	0.1	7:17	4:56	
4	Fri	6:14	4.0	6:28	2.9			12:26	0.3	7:17	4:57	
5	Sat	7:00	4.3	7:13	3.0	12:12	-0.1	1:12	0.1	7:17	4:58	
6	Sun	7:45	4.5	7:59	3.1	12:58	-0.3	1:56	0.0	7:17	4:58	
7	Mon	8:31	4.6	8:45	3.2	1:43	-0.5	2:40	-0.2	7:17	4:59	
8	Tue	9:17	4.7	9:33	3.3	2:29	-0.6	3:25	-0.3	7:17	5:00	
9	Wed	10:03	4.7	10:21	3.3	3:17	-0.7	4:11	-0.3	7:17	5:01	
10	Thu	10:50	4.5	11:11	3.4	4:07	-0.6	4:59	-0.4	7:17	5:02	
11	Fri	11:37	4.3			5:01	-0.5	5:48	-0.4	7:17	5:03	
12	Sat	12:03	3.5	12:27	3.9	5:59	-0.3	6:38	-0.3	7:17	5:04	
13	Sun	1:00	3.6	1:21	3.6	7:01	-0.1	7:30	-0.3	7:16	5:05	
14	Mon	2:01	3.6	2:20	3.2	8:06	0.0	8:24	-0.3	7:16	5:06	
15	Tue	3:05	3.8	3:23	3.0	9:14	0.1	9:20	-0.3	7:16	5:07	
16	Wed	4:10	3.9	4:26	2.8	10:22	0.1	10:17	-0.4	7:15	5:08	
17	Thu	5:11	4.1	5:25	2.8	11:29	0.0	11:15	-0.5	7:15	5:09	
18	Fri	6:07	4.2	6:21	2.8			12:28	-0.1	7:15	5:10	
19	Sat	7:00	4.3	7:12	2.8	12:10	-0.6	1:20	-0.2	7:14	5:11	
20	Sun	7:49	4.3	8:00	2.9	1:02	-0.7	2:06	-0.3	7:14	5:12	
21	Mon	8:35	4.3	8:46	3.0	1:49	-0.7	2:48	-0.3	7:13	5:14	
22	Tue	9:19	4.2	9:30	3.0	2:34	-0.7	3:28	-0.2	7:13	5:15	
23	Wed	10:00	4.1	10:13	3.1	3:18	-0.6	4:07	-0.1	7:12	5:16	
24	Thu	10:40	3.9	10:55	3.1	4:01	-0.4	4:45	0.0	7:11	5:17	
25	Fri	11:19	3.6	11:38	3.1	4:45	-0.1	5:23	0.1	7:11	5:18	
26	Sat	11:59	3.3			5:31	0.1	6:02	0.3	7:10	5:19	
27	Sun	12:22	3.1	12:41	3.1	6:19	0.4	6:42	0.4	7:09	5:20	
28	Mon	1:10	3.1	1:27	2.8	7:11	0.6	7:25	0.5	7:09	5:21	
29	Tue	2:02	3.1	2:18	2.6	8:06	0.8	8:12	0.5	7:08	5:22	
30	Wed	2:58	3.2	3:14	2.5	9:03	0.8	9:02	0.5	7:07	5:23	
31	Thu	3:56	3.4	4:11	2.5	10:03	0.8	9:56	0.4	7:06	5:25	