

Metompkin Inlet, VA - Jul 1985

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:00	3.3	8:34	5.0	2:02	-0.2	1:47	-0.5	5:44	8:27	
2	Tue	8:53	3.3	9:26	5.0	2:54	-0.3	2:39	-0.6	5:44	8:27	
3	Wed	9:45	3.3	10:16	4.9	3:44	-0.3	3:30	-0.5	5:45	8:27	
4	Thu	10:35	3.3	11:05	4.7	4:32	-0.2	4:20	-0.4	5:45	8:27	
5	Fri	11:24	3.3	11:51	4.4	5:19	0.0	5:10	-0.1	5:46	8:27	
6	Sat			12:12	3.3	6:06	0.1	6:00	0.2	5:47	8:27	
7	Sun	12:36	4.1	1:00	3.3	6:51	0.3	6:53	0.4	5:47	8:26	
8	Mon	1:21	3.8	1:50	3.3	7:35	0.5	7:47	0.7	5:48	8:26	
9	Tue	2:08	3.5	2:42	3.3	8:18	0.6	8:42	0.9	5:48	8:26	
10	Wed	2:57	3.2	3:35	3.4	9:01	0.7	9:38	1.1	5:49	8:25	
11	Thu	3:49	3.0	4:29	3.6	9:44	0.8	10:35	1.1	5:50	8:25	
12	Fri	4:43	2.9	5:21	3.7	10:30	0.8	11:31	1.1	5:50	8:25	
13	Sat	5:35	2.9	6:10	4.0	11:17	0.7			5:51	8:24	
14	Sun	6:25	2.9	6:57	4.2	12:24	1.0	12:06	0.6	5:52	8:24	
15	Mon	7:12	3.0	7:43	4.4	1:12	0.8	12:54	0.5	5:52	8:23	
16	Tue	7:58	3.1	8:28	4.6	1:57	0.6	1:40	0.3	5:53	8:23	
17	Wed	8:43	3.3	9:13	4.7	2:40	0.5	2:26	0.1	5:54	8:22	
18	Thu	9:29	3.4	9:57	4.8	3:23	0.3	3:11	0.0	5:55	8:22	
19	Fri	10:15	3.5	10:41	4.8	4:05	0.2	3:57	-0.1	5:55	8:21	
20	Sat	11:01	3.6	11:26	4.7	4:48	0.1	4:45	0.0	5:56	8:20	
21	Sun	11:48	3.8			5:33	0.1	5:36	0.0	5:57	8:20	
22	Mon	12:11	4.6	12:38	3.9	6:19	0.0	6:31	0.2	5:58	8:19	
23	Tue	12:58	4.3	1:30	4.0	7:06	0.0	7:31	0.3	5:58	8:18	
24	Wed	1:49	3.9	2:27	4.1	7:56	0.1	8:34	0.4	5:59	8:18	
25	Thu	2:45	3.6	3:28	4.2	8:48	0.1	9:39	0.5	6:00	8:17	
26	Fri	3:46	3.3	4:32	4.4	9:43	0.1	10:46	0.5	6:01	8:16	
27	Sat	4:50	3.2	5:35	4.5	10:41	0.0	11:53	0.4	6:02	8:15	
28	Sun	5:52	3.1	6:34	4.7	11:40	0.0			6:02	8:14	
29	Mon	6:51	3.1	7:30	4.8	12:56	0.3	12:39	-0.2	6:03	8:13	
30	Tue	7:46	3.2	8:22	4.8	1:52	0.1	1:35	-0.3	6:04	8:12	
31	Wed	8:37	3.3	9:11	4.8	2:41	0.0	2:26	-0.3	6:05	8:12	