US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Jan 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	**11:52**	4.0			**5:14**	0.1	**6:04**	0.1	7:17	4:54	
2	Thu	**12:17**	3.2	**12:39**	3.8	**6:10**	0.2	**6:51**	0.1	7:17	4:55	
3	Fri	**1:12**	3.4	**1:32**	3.5	**7:11**	0.3	**7:41**	0.0	7:17	4:56	
4	Sat	**2:11**	3.6	**2:30**	3.3	**8:15**	0.3	**8:33**	-0.1	7:17	4:56	
5	Sun	**3:14**	3.8	**3:32**	3.1	**9:21**	0.2	**9:28**	-0.3	7:17	4:57	
6	Mon	**4:16**	4.1	**4:34**	3.0	**10:28**	0.1	**10:26**	-0.5	7:17	4:58	
7	Tue	**5:16**	4.4	**5:34**	3.0	**11:33**	-0.1	**11:24**	-0.7	7:17	4:59	
8	Wed	**6:14**	4.6	**6:31**	3.1			**12:33**	-0.4	7:17	5:00	
9	Thu	**7:10**	4.8	**7:26**	3.1	**12:21**	-0.9	**1:28**	-0.5	7:17	5:01	
10	Fri	**8:04**	4.8	**8:19**	3.2	**1:16**	-1.0	**2:20**	-0.6	7:17	5:02	
11	Sat	**8:56**	4.7	**9:11**	3.2	**2:08**	-1.1	**3:08**	-0.6	7:17	5:03	
12	Sun	**9:45**	4.6	**10:01**	3.2	**2:59**	-1.0	**3:56**	-0.5	7:17	5:04	
13	Mon	**10:32**	4.3	**10:50**	3.2	**3:49**	-0.8	**4:42**	-0.4	7:16	5:05	
14	Tue	**11:17**	4.0	**11:38**	3.2	**4:40**	-0.5	**5:27**	-0.2	7:16	5:06	
15	Wed			**12:01**	3.6	**5:32**	-0.2	**6:12**	-0.1	7:16	5:07	
16	Thu	**12:27**	3.1	**12:47**	3.3	**6:26**	0.1	**6:56**	0.1	7:15	5:08	
17	Fri	**1:18**	3.1	**1:34**	2.9	**7:21**	0.4	**7:40**	0.3	7:15	5:09	
18	Sat	**2:12**	3.1	**2:26**	2.6	**8:18**	0.6	**8:25**	0.4	7:15	5:10	
19	Sun	**3:09**	3.2	**3:22**	2.5	**9:17**	0.7	**9:12**	0.4	7:14	5:11	
20	Mon	**4:05**	3.3	**4:17**	2.4	**10:16**	0.8	**10:02**	0.4	7:14	5:12	
21	Tue	**4:58**	3.4	**5:09**	2.5	**11:13**	0.7	**10:53**	0.3	7:13	5:13	
22	Wed	**5:47**	3.6	**5:57**	2.6			**12:03**	0.6	7:13	5:14	
23	Thu	**6:34**	3.8	**6:43**	2.7			**12:47**	0.4	7:12	5:15	
24	Fri	**7:18**	4.0	**7:27**	2.9	**12:28**	-0.1	**1:28**	0.3	7:12	5:17	
25	Sat	**8:01**	4.2	**8:11**	3.0	**1:13**	-0.3	**2:07**	0.1	7:11	5:18	
26	Sun	**8:42**	4.3	**8:54**	3.2	**1:55**	-0.4	**2:47**	0.0	7:10	5:19	
27	Mon	**9:23**	4.4	**9:37**	3.3	**2:38**	-0.5	**3:26**	-0.2	7:10	5:20	
28	Tue	**10:04**	4.3	**10:21**	3.4	**3:22**	-0.5	**4:06**	-0.2	7:09	5:21	
29	Wed	**10:45**	4.2	**11:06**	3.6	**4:09**	-0.5	**4:48**	-0.3	7:08	5:22	
30	Thu	**11:28**	3.9	**11:54**	3.7	**4:59**	-0.3	**5:32**	-0.3	7:07	5:23	
31	Fri			**12:15**	3.6	**5:54**	-0.1	**6:19**	-0.2	7:06	5:24	