

Metompkin Inlet, VA - Mar 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:54	3.5			5:41	-0.3	5:50	-0.3	6:33	5:55	
2	Sun	12:26	4.2	12:47	3.1	6:41	0.0	6:44	-0.2	6:32	5:56	
3	Mon	1:25	4.0	1:47	2.8	7:45	0.2	7:44	0.0	6:30	5:57	
4	Tue	2:33	3.9	2:55	2.7	8:54	0.4	8:49	0.0	6:29	5:58	
5	Wed	3:45	3.9	4:07	2.7	10:06	0.4	9:57	-0.1	6:28	5:59	
6	Thu	4:55	4.0	5:14	2.8	11:14	0.3	11:03	-0.2	6:26	6:00	
7	Fri	5:57	4.1	6:11	3.0			12:12	0.1	6:25	6:01	
8	Sat	6:49	4.1	7:02	3.3	12:03	-0.4	12:59	-0.1	6:23	6:02	
9	Sun	7:36	4.2	7:47	3.5	12:56	-0.6	1:40	-0.3	6:22	6:03	
10	Mon	8:18	4.1	8:30	3.7	1:44	-0.7	2:18	-0.3	6:20	6:04	
11	Tue	8:57	4.0	9:11	3.8	2:28	-0.7	2:53	-0.3	6:19	6:05	
12	Wed	9:36	3.8	9:51	3.9	3:10	-0.6	3:28	-0.2	6:17	6:06	
13	Thu	10:14	3.6	10:30	3.9	3:51	-0.4	4:03	-0.1	6:16	6:07	
14	Fri	10:52	3.3	11:10	3.8	4:33	-0.1	4:39	0.1	6:14	6:08	
15	Sat	11:31	3.1	11:53	3.7	5:17	0.2	5:17	0.4	6:13	6:09	
16	Sun			12:12	2.8	6:03	0.5	6:00	0.6	6:11	6:10	
17	Mon	12:39	3.5	12:59	2.6	6:53	0.8	6:48	0.8	6:10	6:11	
18	Tue	1:32	3.4	1:53	2.5	7:48	1.0	7:42	0.8	6:08	6:12	
19	Wed	2:33	3.3	2:54	2.5	8:47	1.1	8:40	0.8	6:07	6:13	
20	Thu	3:38	3.4	3:56	2.6	9:47	1.1	9:40	0.7	6:05	6:13	
21	Fri	4:37	3.6	4:53	2.9	10:43	0.9	10:39	0.4	6:04	6:14	
22	Sat	5:29	3.8	5:43	3.2	11:33	0.6	11:33	0.1	6:02	6:15	
23	Sun	6:16	4.1	6:31	3.6			12:18	0.3	6:01	6:16	
24	Mon	7:01	4.3	7:17	3.9	12:25	-0.2	1:00	0.0	5:59	6:17	
25	Tue	7:45	4.4	8:02	4.3	1:13	-0.5	1:41	-0.3	5:58	6:18	
26	Wed	8:29	4.3	8:48	4.6	2:02	-0.7	2:22	-0.5	5:56	6:19	
27	Thu	9:14	4.2	9:35	4.8	2:50	-0.8	3:04	-0.6	5:55	6:20	
28	Fri	10:00	4.0	10:23	4.8	3:40	-0.7	3:48	-0.6	5:53	6:21	
29	Sat	10:47	3.7	11:14	4.7	4:33	-0.6	4:35	-0.4	5:52	6:22	
30	Sun	11:38	3.4			5:29	-0.3	5:28	-0.2	5:50	6:23	
31	Mon	12:09	4.5	12:33	3.1	6:30	0.0	6:26	0.0	5:49	6:23	