

Metompkin Inlet, VA - Jun 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:40	3.4	5:19	3.5	10:42	0.4	11:17	0.6	5:42	8:18	
2	Mon	5:33	3.2	6:08	3.7	11:27	0.4			5:41	8:18	
3	Tue	6:21	3.1	6:50	3.9	12:15	0.6	12:10	0.4	5:41	8:19	
4	Wed	7:04	3.1	7:29	4.1	1:05	0.5	12:49	0.4	5:41	8:19	
5	Thu	7:45	3.1	8:08	4.2	1:49	0.4	1:28	0.3	5:41	8:20	
6	Fri	8:25	3.1	8:48	4.3	2:28	0.4	2:07	0.3	5:40	8:21	
7	Sat	9:06	3.1	9:29	4.4	3:06	0.3	2:45	0.3	5:40	8:21	
8	Sun	9:48	3.1	10:10	4.4	3:43	0.4	3:24	0.3	5:40	8:22	
9	Mon	10:29	3.1	10:52	4.3	4:22	0.5	4:04	0.4	5:40	8:22	
10	Tue	11:10	3.0	11:33	4.3	5:02	0.6	4:45	0.5	5:40	8:23	
11	Wed	11:52	3.0			5:44	0.6	5:28	0.6	5:40	8:23	
12	Thu	12:15	4.2	12:36	3.0	6:28	0.7	6:16	0.7	5:40	8:24	
13	Fri	12:58	4.1	1:23	3.1	7:13	0.7	7:09	0.8	5:40	8:24	
14	Sat	1:44	3.9	2:15	3.3	7:59	0.7	8:06	0.8	5:40	8:25	
15	Sun	2:35	3.8	3:11	3.5	8:46	0.5	9:07	0.7	5:40	8:25	
16	Mon	3:30	3.7	4:10	3.8	9:35	0.4	10:09	0.6	5:40	8:25	
17	Tue	4:28	3.6	5:07	4.2	10:25	0.2	11:12	0.4	5:40	8:26	
18	Wed	5:26	3.5	6:03	4.6	11:18	0.0			5:40	8:26	
19	Thu	6:22	3.5	6:58	5.0	12:15	0.1	12:12	-0.3	5:40	8:26	
20	Fri	7:18	3.5	7:52	5.2	1:15	-0.1	1:06	-0.5	5:40	8:27	
21	Sat	8:13	3.5	8:47	5.3	2:12	-0.4	2:01	-0.7	5:40	8:27	
22	Sun	9:08	3.5	9:42	5.3	3:06	-0.5	2:55	-0.8	5:41	8:27	
23	Mon	10:03	3.5	10:36	5.2	3:59	-0.5	3:48	-0.7	5:41	8:27	
24	Tue	10:58	3.5	11:29	5.0	4:52	-0.4	4:43	-0.6	5:41	8:27	
25	Wed	11:52	3.5			5:45	-0.3	5:39	-0.3	5:41	8:27	
26	Thu	12:21	4.6	12:47	3.4	6:38	-0.1	6:38	0.0	5:42	8:28	
27	Fri	1:13	4.2	1:43	3.4	7:30	0.0	7:39	0.3	5:42	8:28	
28	Sat	2:05	3.8	2:41	3.4	8:20	0.2	8:40	0.5	5:43	8:28	
29	Sun	2:59	3.5	3:40	3.5	9:08	0.3	9:42	0.7	5:43	8:28	
30	Mon	3:54	3.2	4:37	3.6	9:54	0.5	10:44	0.8	5:43	8:28	