

Metompkin Inlet, VA - Jul 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:49	2.9	5:29	3.7	10:40	0.5	11:44	0.8	5:44	8:28	
2	Wed	5:40	2.8	6:16	3.9	11:25	0.6			5:44	8:27	
3	Thu	6:28	2.8	7:00	4.0	12:37	0.8	12:10	0.5	5:45	8:27	
4	Fri	7:13	2.9	7:43	4.2	1:24	0.7	12:55	0.5	5:45	8:27	
5	Sat	7:57	2.9	8:26	4.3	2:04	0.6	1:39	0.4	5:46	8:27	
6	Sun	8:40	3.0	9:08	4.4	2:43	0.6	2:21	0.3	5:46	8:27	
7	Mon	9:22	3.1	9:50	4.4	3:21	0.5	3:02	0.3	5:47	8:26	
8	Tue	10:05	3.2	10:30	4.5	3:59	0.5	3:43	0.3	5:48	8:26	
9	Wed	10:46	3.2	11:10	4.4	4:37	0.5	4:24	0.3	5:48	8:26	
10	Thu	11:28	3.3	11:50	4.3	5:17	0.5	5:08	0.4	5:49	8:26	
11	Fri			12:11	3.4	5:57	0.5	5:55	0.5	5:49	8:25	
12	Sat	12:31	4.2	12:57	3.5	6:39	0.4	6:47	0.6	5:50	8:25	
13	Sun	1:14	4.0	1:46	3.7	7:23	0.4	7:44	0.7	5:51	8:24	
14	Mon	2:02	3.8	2:40	3.9	8:10	0.3	8:44	0.7	5:51	8:24	
15	Tue	2:56	3.5	3:40	4.1	8:59	0.3	9:48	0.6	5:52	8:23	
16	Wed	3:56	3.3	4:41	4.4	9:52	0.2	10:53	0.5	5:53	8:23	
17	Thu	4:59	3.2	5:42	4.7	10:49	0.0	11:58	0.3	5:54	8:22	
18	Fri	6:00	3.2	6:41	4.9	11:49	-0.2			5:54	8:22	
19	Sat	6:59	3.3	7:39	5.1	1:01	0.1	12:48	-0.4	5:55	8:21	
20	Sun	7:57	3.4	8:34	5.2	1:59	-0.1	1:46	-0.6	5:56	8:21	
21	Mon	8:52	3.5	9:28	5.2	2:52	-0.3	2:41	-0.7	5:57	8:20	
22	Tue	9:47	3.6	10:20	5.0	3:42	-0.3	3:35	-0.7	5:57	8:19	
23	Wed	10:39	3.7	11:09	4.8	4:31	-0.3	4:27	-0.6	5:58	8:18	
24	Thu	11:30	3.8	11:56	4.5	5:18	-0.2	5:20	-0.3	5:59	8:18	
25	Fri			12:20	3.8	6:04	-0.1	6:14	0.0	6:00	8:17	
26	Sat	12:41	4.1	1:09	3.7	6:49	0.1	7:10	0.4	6:01	8:16	
27	Sun	1:27	3.7	2:00	3.7	7:34	0.3	8:07	0.7	6:01	8:15	
28	Mon	2:15	3.3	2:54	3.7	8:19	0.5	9:05	0.9	6:02	8:14	
29	Tue	3:07	3.0	3:50	3.7	9:05	0.7	10:05	1.1	6:03	8:14	
30	Wed	4:03	2.8	4:47	3.7	9:53	0.8	11:05	1.1	6:04	8:13	
31	Thu	5:00	2.7	5:41	3.8	10:43	0.8			6:05	8:12	