

Metompkin Inlet, VA - Nov 1986

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:13	5.0	7:34	4.2	12:40	-0.1	1:19	-0.2	6:27	5:04	
2	Sun	8:00	5.2	8:21	4.1	1:24	-0.3	2:08	-0.3	6:28	5:03	
3	Mon	8:48	5.4	9:09	4.0	2:08	-0.4	2:59	-0.3	6:29	5:02	
4	Tue	9:38	5.4	9:59	3.8	2:54	-0.4	3:51	-0.2	6:30	5:01	
5	Wed	10:30	5.3	10:52	3.5	3:44	-0.3	4:47	0.0	6:31	5:00	
6	Thu	11:26	5.0	11:48	3.3	4:38	-0.1	5:47	0.3	6:32	4:59	
7	Fri			12:25	4.7	5:38	0.1	6:51	0.4	6:33	4:58	
8	Sat	12:50	3.2	1:29	4.4	6:43	0.3	7:55	0.5	6:34	4:57	
9	Sun	2:00	3.1	2:38	4.1	7:52	0.5	8:58	0.5	6:35	4:56	
10	Mon	3:15	3.2	3:44	4.0	9:01	0.5	9:55	0.4	6:36	4:55	
11	Tue	4:21	3.5	4:43	3.8	10:09	0.5	10:46	0.3	6:38	4:54	
12	Wed	5:16	3.7	5:32	3.7	11:11	0.4	11:30	0.2	6:39	4:53	
13	Thu	6:01	4.0	6:16	3.6			12:05	0.3	6:40	4:53	
14	Fri	6:42	4.2	6:56	3.5	12:09	0.1	12:52	0.2	6:41	4:52	
15	Sat	7:20	4.4	7:35	3.4	12:47	0.1	1:33	0.2	6:42	4:51	
16	Sun	7:59	4.5	8:15	3.3	1:23	0.1	2:12	0.2	6:43	4:50	
17	Mon	8:38	4.5	8:54	3.2	1:58	0.1	2:51	0.3	6:44	4:50	
18	Tue	9:18	4.4	9:35	3.1	2:35	0.2	3:30	0.4	6:45	4:49	
19	Wed	9:59	4.3	10:16	3.0	3:13	0.4	4:10	0.6	6:46	4:49	
20	Thu	10:42	4.2	10:58	2.9	3:53	0.5	4:54	0.8	6:47	4:48	
21	Fri	11:26	4.0	11:43	2.9	4:36	0.7	5:40	1.0	6:48	4:47	
22	Sat			12:12	3.9	5:23	0.9	6:29	1.1	6:49	4:47	
23	Sun	12:32	2.8	1:01	3.8	6:16	1.0	7:18	1.1	6:50	4:46	
24	Mon	1:27	2.9	1:53	3.7	7:12	1.0	8:07	1.0	6:51	4:46	
25	Tue	2:25	3.0	2:48	3.7	8:12	1.0	8:55	0.8	6:52	4:46	
26	Wed	3:23	3.3	3:43	3.7	9:12	0.8	9:43	0.5	6:53	4:45	
27	Thu	4:17	3.8	4:35	3.7	10:12	0.6	10:31	0.2	6:54	4:45	
28	Fri	5:08	4.2	5:26	3.7	11:10	0.3	11:19	-0.1	6:55	4:44	
29	Sat	5:58	4.6	6:16	3.7			12:06	0.0	6:56	4:44	
30	Sun	6:48	5.0	7:07	3.7	12:07	-0.4	1:00	-0.3	6:57	4:44	