

Metompkin Inlet, VA - Jan 1987

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	9:11	5.1	9:29	3.4	2:22	-1.2	3:24	-0.7	7:17	4:54	
2	Fri	10:04	4.9	10:23	3.4	3:16	-1.1	4:15	-0.7	7:17	4:55	
3	Sat	10:55	4.6	11:17	3.4	4:11	-1.0	5:07	-0.6	7:17	4:55	
4	Sun	11:45	4.2			5:09	-0.7	5:58	-0.4	7:17	4:56	
5	Mon	12:12	3.4	12:36	3.8	6:08	-0.3	6:48	-0.3	7:17	4:57	
6	Tue	1:09	3.3	1:28	3.3	7:09	0.0	7:38	-0.1	7:17	4:58	
7	Wed	2:08	3.3	2:24	2.9	8:13	0.3	8:27	0.0	7:17	4:59	
8	Thu	3:10	3.3	3:21	2.7	9:17	0.5	9:16	0.1	7:17	5:00	
9	Fri	4:08	3.4	4:18	2.5	10:22	0.5	10:06	0.2	7:17	5:01	
10	Sat	5:01	3.5	5:09	2.5	11:22	0.5	10:55	0.2	7:17	5:02	
11	Sun	5:49	3.6	5:57	2.5			12:13	0.5	7:17	5:03	
12	Mon	6:33	3.8	6:41	2.6			12:55	0.4	7:17	5:04	
13	Tue	7:16	3.9	7:23	2.7	12:28	0.0	1:33	0.3	7:16	5:05	
14	Wed	7:58	4.0	8:05	2.8	1:10	-0.1	2:09	0.3	7:16	5:06	
15	Thu	8:38	4.1	8:46	2.9	1:50	-0.2	2:45	0.2	7:16	5:07	
16	Fri	9:17	4.1	9:27	3.0	2:29	-0.2	3:20	0.2	7:16	5:08	
17	Sat	9:55	4.1	10:07	3.1	3:09	-0.2	3:57	0.2	7:15	5:09	
18	Sun	10:32	4.0	10:48	3.1	3:49	-0.1	4:34	0.2	7:15	5:10	
19	Mon	11:10	3.8	11:29	3.2	4:32	0.0	5:12	0.2	7:14	5:11	
20	Tue	11:49	3.6			5:20	0.2	5:53	0.2	7:14	5:12	
21	Wed	12:14	3.3	12:32	3.4	6:12	0.3	6:37	0.1	7:13	5:13	
22	Thu	1:05	3.5	1:22	3.1	7:09	0.4	7:25	0.1	7:13	5:14	
23	Fri	2:02	3.6	2:20	2.9	8:12	0.4	8:18	0.0	7:12	5:15	
24	Sat	3:05	3.8	3:23	2.8	9:17	0.4	9:17	-0.1	7:12	5:16	
25	Sun	4:10	4.0	4:28	2.8	10:25	0.2	10:18	-0.4	7:11	5:17	
26	Mon	5:13	4.3	5:30	2.9	11:30	0.0	11:21	-0.7	7:10	5:18	
27	Tue	6:13	4.6	6:29	3.1			12:31	-0.3	7:10	5:20	
28	Wed	7:10	4.8	7:25	3.3	12:21	-1.0	1:25	-0.6	7:09	5:21	
29	Thu	8:04	4.9	8:20	3.4	1:17	-1.2	2:16	-0.8	7:08	5:22	
30	Fri	8:56	4.8	9:12	3.6	2:11	-1.3	3:03	-0.9	7:07	5:23	
31	Sat	9:45	4.6	10:03	3.7	3:04	-1.3	3:50	-0.9	7:07	5:24	