

Metompkin Inlet, VA - Mar 1987

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:21	4.3	9:39	4.1	2:49	-1.1	3:18	-0.8	6:34	5:55	
2	Mon	10:05	4.0	10:24	4.1	3:38	-0.9	3:59	-0.6	6:32	5:56	
3	Tue	10:47	3.7	11:09	4.0	4:27	-0.6	4:40	-0.4	6:31	5:57	
4	Wed	11:29	3.3	11:54	3.8	5:16	-0.3	5:23	-0.1	6:29	5:58	
5	Thu			12:13	2.9	6:07	0.1	6:07	0.2	6:28	5:59	
6	Fri	12:43	3.6	1:01	2.6	7:01	0.5	6:56	0.4	6:27	6:00	
7	Sat	1:37	3.4	1:55	2.4	7:58	0.8	7:49	0.6	6:25	6:01	
8	Sun	2:38	3.3	2:56	2.4	8:59	1.0	8:46	0.7	6:24	6:02	
9	Mon	3:45	3.3	3:59	2.4	10:03	1.0	9:46	0.6	6:22	6:03	
10	Tue	4:46	3.4	4:56	2.6	11:01	1.0	10:43	0.5	6:21	6:04	
11	Wed	5:38	3.5	5:46	2.8	11:48	0.8	11:35	0.3	6:19	6:05	
12	Thu	6:22	3.7	6:30	3.1			12:27	0.6	6:18	6:06	
13	Fri	7:03	3.9	7:12	3.4	12:22	0.1	1:03	0.4	6:16	6:07	
14	Sat	7:41	4.0	7:53	3.7	1:05	-0.1	1:38	0.1	6:15	6:08	
15	Sun	8:20	4.1	8:33	3.9	1:47	-0.3	2:12	0.0	6:13	6:09	
16	Mon	8:58	4.0	9:14	4.1	2:29	-0.4	2:48	-0.1	6:12	6:10	
17	Tue	9:37	3.9	9:55	4.3	3:11	-0.4	3:25	-0.2	6:10	6:10	
18	Wed	10:17	3.7	10:38	4.4	3:56	-0.3	4:04	-0.1	6:09	6:11	
19	Thu	11:00	3.5	11:24	4.3	4:45	-0.1	4:47	0.0	6:07	6:12	
20	Fri	11:46	3.2			5:38	0.1	5:36	0.1	6:06	6:13	
21	Sat	12:17	4.2	12:38	3.0	6:36	0.3	6:33	0.2	6:04	6:14	
22	Sun	1:17	4.1	1:40	2.8	7:40	0.5	7:36	0.2	6:03	6:15	
23	Mon	2:26	4.0	2:51	2.8	8:48	0.5	8:44	0.2	6:01	6:16	
24	Tue	3:38	4.0	4:03	2.9	9:56	0.4	9:54	0.0	6:00	6:17	
25	Wed	4:47	4.1	5:08	3.2	10:59	0.2	11:00	-0.2	5:58	6:18	
26	Thu	5:46	4.2	6:05	3.5	11:55	0.0			5:57	6:19	
27	Fri	6:39	4.2	6:57	3.8	12:02	-0.5	12:42	-0.3	5:55	6:20	
28	Sat	7:26	4.2	7:44	4.1	12:57	-0.7	1:25	-0.5	5:54	6:21	
29	Sun	8:11	4.1	8:29	4.3	1:47	-0.8	2:05	-0.5	5:52	6:21	
30	Mon	8:54	3.9	9:13	4.4	2:34	-0.8	2:44	-0.5	5:51	6:22	
31	Tue	9:36	3.7	9:55	4.4	3:19	-0.6	3:23	-0.4	5:49	6:23	