

Metompkin Inlet, VA - Jun 1987

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:11	4.0	12:31	2.9	6:25	0.8	6:11	0.7	5:42	8:17	
2	Tue	12:55	3.9	1:17	2.9	7:10	0.9	7:01	0.9	5:41	8:18	
3	Wed	1:41	3.7	2:07	3.0	7:55	0.9	7:54	1.0	5:41	8:19	
4	Thu	2:29	3.6	3:01	3.1	8:40	0.9	8:50	1.0	5:41	8:19	
5	Fri	3:20	3.5	3:56	3.4	9:25	0.8	9:48	1.0	5:41	8:20	
6	Sat	4:14	3.4	4:50	3.7	10:11	0.7	10:46	0.8	5:40	8:21	
7	Sun	5:07	3.4	5:41	4.1	10:58	0.5	11:45	0.6	5:40	8:21	
8	Mon	5:59	3.4	6:31	4.5	11:47	0.2			5:40	8:22	
9	Tue	6:50	3.4	7:21	4.8	12:41	0.3	12:37	0.0	5:40	8:22	
10	Wed	7:41	3.5	8:12	5.1	1:36	0.0	1:27	-0.3	5:40	8:23	
11	Thu	8:33	3.5	9:04	5.3	2:29	-0.2	2:18	-0.5	5:40	8:23	
12	Fri	9:26	3.5	9:57	5.3	3:21	-0.3	3:10	-0.6	5:40	8:24	
13	Sat	10:20	3.5	10:51	5.2	4:13	-0.4	4:03	-0.6	5:40	8:24	
14	Sun	11:14	3.5	11:45	5.0	5:07	-0.3	4:59	-0.5	5:40	8:25	
15	Mon			12:10	3.5	6:01	-0.2	5:57	-0.3	5:40	8:25	
16	Tue	12:39	4.7	1:07	3.5	6:57	-0.2	6:59	-0.1	5:40	8:25	
17	Wed	1:34	4.4	2:08	3.5	7:51	-0.1	8:04	0.2	5:40	8:26	
18	Thu	2:31	4.0	3:11	3.6	8:45	0.0	9:10	0.4	5:40	8:26	
19	Fri	3:30	3.6	4:15	3.7	9:36	0.1	10:16	0.5	5:40	8:26	
20	Sat	4:30	3.3	5:14	3.9	10:27	0.1	11:22	0.5	5:40	8:27	
21	Sun	5:27	3.1	6:06	4.0	11:16	0.2			5:40	8:27	
22	Mon	6:19	2.9	6:53	4.2	12:23	0.5	12:04	0.2	5:41	8:27	
23	Tue	7:06	2.9	7:37	4.3	1:17	0.4	12:50	0.2	5:41	8:27	
24	Wed	7:50	2.9	8:19	4.3	2:02	0.4	1:34	0.2	5:41	8:27	
25	Thu	8:33	2.9	9:01	4.3	2:43	0.4	2:16	0.2	5:41	8:27	
26	Fri	9:16	3.0	9:43	4.3	3:21	0.4	2:57	0.2	5:42	8:28	
27	Sat	9:58	3.0	10:25	4.3	3:58	0.4	3:37	0.2	5:42	8:28	
28	Sun	10:40	3.1	11:05	4.3	4:36	0.5	4:18	0.3	5:42	8:28	
29	Mon	11:22	3.1	11:45	4.1	5:14	0.6	5:00	0.5	5:43	8:28	
30	Tue			12:04	3.1	5:53	0.6	5:43	0.6	5:43	8:28	