

Metompkin Inlet, VA - Nov 1987

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:25	3.7	4:51	4.2	10:16	0.3	10:54	0.2	6:27	5:04	
2	Mon	5:22	4.1	5:43	4.1	11:20	0.1	11:42	0.0	6:28	5:03	
3	Tue	6:12	4.4	6:31	4.0			12:17	0.0	6:29	5:02	
4	Wed	6:58	4.7	7:17	3.9	12:26	-0.2	1:08	-0.2	6:30	5:01	
5	Thu	7:43	4.8	8:01	3.7	1:08	-0.3	1:55	-0.2	6:31	5:00	
6	Fri	8:26	4.9	8:44	3.5	1:49	-0.2	2:40	-0.1	6:32	4:59	
7	Sat	9:10	4.8	9:27	3.4	2:29	-0.1	3:24	0.1	6:33	4:58	
8	Sun	9:53	4.6	10:11	3.2	3:10	0.1	4:08	0.4	6:34	4:57	
9	Mon	10:38	4.4	10:55	3.0	3:52	0.3	4:55	0.6	6:35	4:56	
10	Tue	11:24	4.2	11:41	2.9	4:36	0.6	5:44	0.9	6:36	4:55	
11	Wed			12:12	4.0	5:25	0.8	6:35	1.1	6:37	4:55	
12	Thu	12:31	2.8	1:04	3.8	6:18	1.0	7:27	1.2	6:38	4:54	
13	Fri	1:27	2.8	1:59	3.6	7:15	1.1	8:17	1.2	6:39	4:53	
14	Sat	2:28	2.9	2:55	3.6	8:13	1.2	9:04	1.1	6:40	4:52	
15	Sun	3:26	3.1	3:48	3.6	9:11	1.1	9:48	0.9	6:42	4:51	
16	Mon	4:19	3.4	4:36	3.6	10:07	1.0	10:31	0.7	6:43	4:51	
17	Tue	5:05	3.8	5:22	3.6	11:00	0.8	11:13	0.5	6:44	4:50	
18	Wed	5:49	4.2	6:06	3.7	11:51	0.5	11:54	0.2	6:45	4:49	
19	Thu	6:32	4.5	6:50	3.7			12:39	0.3	6:46	4:49	
20	Fri	7:16	4.8	7:34	3.7	12:37	0.0	1:26	0.1	6:47	4:48	
21	Sat	8:02	5.0	8:20	3.6	1:20	-0.2	2:13	-0.1	6:48	4:48	
22	Sun	8:49	5.1	9:08	3.5	2:04	-0.3	3:02	-0.1	6:49	4:47	
23	Mon	9:39	5.1	9:58	3.4	2:51	-0.3	3:52	0.0	6:50	4:47	
24	Tue	10:30	5.0	10:50	3.3	3:41	-0.3	4:46	0.1	6:51	4:46	
25	Wed	11:24	4.8	11:46	3.2	4:36	-0.1	5:43	0.2	6:52	4:46	
26	Thu			12:21	4.5	5:36	0.0	6:42	0.3	6:53	4:45	
27	Fri	12:48	3.2	1:21	4.2	6:41	0.2	7:41	0.2	6:54	4:45	
28	Sat	1:54	3.3	2:23	4.0	7:48	0.3	8:38	0.2	6:55	4:45	
29	Sun	3:03	3.5	3:27	3.7	8:57	0.3	9:32	0.1	6:56	4:44	
30	Mon	4:08	3.7	4:26	3.5	10:05	0.3	10:23	0.0	6:57	4:44	