

Metompkin Inlet, VA - Mar 1988

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	7:09	3.7	7:13	3.1	12:25	0.0	1:15	0.4	6:33	5:56	
2	Wed	7:45	3.8	7:52	3.3	1:06	-0.1	1:46	0.2	6:31	5:57	
3	Thu	8:21	3.9	8:30	3.5	1:45	-0.2	2:16	0.1	6:30	5:58	
4	Fri	8:56	3.8	9:08	3.7	2:23	-0.3	2:47	0.1	6:28	5:59	
5	Sat	9:32	3.7	9:45	3.8	3:01	-0.2	3:20	0.1	6:27	6:00	
6	Sun	10:07	3.6	10:23	3.9	3:40	-0.1	3:53	0.1	6:25	6:01	
7	Mon	10:43	3.4	11:02	3.9	4:21	0.1	4:28	0.2	6:24	6:02	
8	Tue	11:21	3.2	11:44	3.9	5:06	0.2	5:08	0.3	6:23	6:03	
9	Wed			12:03	3.0	5:55	0.4	5:53	0.4	6:21	6:04	
10	Thu	12:34	3.8	12:52	2.8	6:51	0.6	6:47	0.4	6:20	6:05	
11	Fri	1:33	3.8	1:53	2.7	7:53	0.7	7:49	0.4	6:18	6:06	
12	Sat	2:40	3.9	3:02	2.7	8:59	0.7	8:55	0.2	6:17	6:06	
13	Sun	3:50	4.0	4:12	2.9	10:05	0.5	10:03	-0.1	6:15	6:07	
14	Mon	4:55	4.2	5:15	3.2	11:07	0.2	11:08	-0.4	6:14	6:08	
15	Tue	5:54	4.4	6:13	3.6			12:02	-0.2	6:12	6:09	
16	Wed	6:48	4.5	7:06	4.0	12:09	-0.8	12:52	-0.5	6:11	6:10	
17	Thu	7:38	4.6	7:58	4.4	1:06	-1.0	1:38	-0.8	6:09	6:11	
18	Fri	8:27	4.4	8:47	4.6	1:59	-1.2	2:22	-0.9	6:08	6:12	
19	Sat	9:14	4.2	9:36	4.7	2:50	-1.2	3:06	-0.9	6:06	6:13	
20	Sun	10:00	3.9	10:23	4.6	3:41	-1.0	3:50	-0.7	6:05	6:14	
21	Mon	10:46	3.6	11:11	4.4	4:33	-0.6	4:35	-0.5	6:03	6:15	
22	Tue	11:33	3.2			5:26	-0.2	5:23	-0.1	6:02	6:16	
23	Wed	12:01	4.1	12:22	2.9	6:22	0.2	6:15	0.2	6:00	6:17	
24	Thu	12:55	3.8	1:15	2.6	7:21	0.6	7:11	0.5	5:58	6:18	
25	Fri	1:56	3.5	2:17	2.5	8:24	0.8	8:12	0.6	5:57	6:19	
26	Sat	3:05	3.4	3:24	2.5	9:30	1.0	9:14	0.7	5:55	6:19	
27	Sun	4:13	3.4	4:27	2.6	10:31	1.0	10:15	0.6	5:54	6:20	
28	Mon	5:09	3.4	5:19	2.9	11:19	0.9	11:10	0.5	5:52	6:21	
29	Tue	5:53	3.5	6:02	3.2	11:57	0.7	11:58	0.3	5:51	6:22	
30	Wed	6:32	3.6	6:43	3.5			12:31	0.5	5:49	6:23	
31	Thu	7:10	3.7	7:22	3.7	12:41	0.1	1:03	0.4	5:48	6:24	