

Metompkin Inlet, VA - Jul 1988

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:21	3.6	10:51	5.1	4:13	-0.2	4:05	-0.5	5:44	8:27	
2	Sat	11:13	3.7	11:41	4.9	5:02	-0.2	4:59	-0.4	5:45	8:27	
3	Sun			12:06	3.8	5:52	-0.3	5:56	-0.3	5:45	8:27	
4	Mon	12:32	4.6	1:01	3.9	6:43	-0.2	6:56	0.0	5:46	8:27	
5	Tue	1:23	4.3	1:58	3.9	7:34	-0.2	7:59	0.2	5:46	8:27	
6	Wed	2:17	3.8	2:59	4.0	8:25	-0.1	9:05	0.4	5:47	8:27	
7	Thu	3:15	3.4	4:02	4.1	9:17	0.0	10:12	0.5	5:47	8:26	
8	Fri	4:16	3.1	5:04	4.2	10:10	0.1	11:19	0.5	5:48	8:26	
9	Sat	5:18	2.9	6:02	4.3	11:05	0.1			5:49	8:26	
10	Sun	6:15	2.9	6:55	4.4	12:24	0.5	12:00	0.1	5:49	8:25	
11	Mon	7:08	2.9	7:44	4.4	1:21	0.4	12:53	0.1	5:50	8:25	
12	Tue	7:56	2.9	8:30	4.4	2:10	0.4	1:42	0.0	5:50	8:25	
13	Wed	8:42	3.0	9:14	4.4	2:53	0.3	2:28	0.0	5:51	8:24	
14	Thu	9:26	3.1	9:56	4.4	3:31	0.3	3:11	0.0	5:52	8:24	
15	Fri	10:08	3.2	10:36	4.3	4:08	0.4	3:52	0.1	5:53	8:23	
16	Sat	10:50	3.3	11:15	4.2	4:44	0.4	4:33	0.2	5:53	8:23	
17	Sun	11:32	3.3	11:53	4.0	5:20	0.5	5:16	0.4	5:54	8:22	
18	Mon			12:13	3.4	5:57	0.6	6:00	0.6	5:55	8:21	
19	Tue	12:31	3.8	12:56	3.4	6:34	0.7	6:47	0.8	5:55	8:21	
20	Wed	1:11	3.6	1:40	3.5	7:12	0.7	7:37	1.0	5:56	8:20	
21	Thu	1:53	3.3	2:28	3.6	7:53	0.8	8:30	1.1	5:57	8:20	
22	Fri	2:40	3.1	3:21	3.7	8:37	0.8	9:27	1.2	5:58	8:19	
23	Sat	3:34	3.0	4:18	3.9	9:25	0.8	10:26	1.1	5:59	8:18	
24	Sun	4:33	2.9	5:16	4.2	10:19	0.7	11:27	1.0	5:59	8:17	
25	Mon	5:31	3.0	6:12	4.5	11:16	0.5			6:00	8:17	
26	Tue	6:28	3.1	7:07	4.8	12:27	0.7	12:13	0.2	6:01	8:16	
27	Wed	7:23	3.3	8:00	5.0	1:23	0.4	1:10	-0.1	6:02	8:15	
28	Thu	8:16	3.6	8:51	5.2	2:14	0.1	2:05	-0.4	6:03	8:14	
29	Fri	9:09	3.8	9:42	5.3	3:03	-0.1	2:58	-0.6	6:03	8:13	
30	Sat	10:02	4.0	10:32	5.2	3:50	-0.3	3:51	-0.7	6:04	8:12	
31	Sun	10:54	4.2	11:21	4.9	4:37	-0.5	4:46	-0.6	6:05	8:11	