

Metompkin Inlet, VA - Aug 1988

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	11:46	4.3			5:24	-0.5	5:42	-0.4	6:06	8:10	
2	Tue	12:10	4.5	12:39	4.4	6:12	-0.4	6:41	-0.1	6:07	8:09	
3	Wed	12:59	4.1	1:34	4.4	7:02	-0.2	7:43	0.2	6:08	8:08	
4	Thu	1:52	3.6	2:33	4.3	7:53	0.0	8:48	0.5	6:08	8:07	
5	Fri	2:49	3.2	3:36	4.2	8:47	0.2	9:56	0.7	6:09	8:06	
6	Sat	3:52	2.9	4:43	4.1	9:44	0.4	11:06	0.8	6:10	8:05	
7	Sun	4:58	2.8	5:46	4.1	10:43	0.4			6:11	8:04	
8	Mon	6:00	2.8	6:43	4.2	12:13	0.8	11:42 AM	0.4	6:12	8:03	
9	Tue	6:53	2.9	7:31	4.2	1:10	0.8	12:38	0.4	6:13	8:02	
10	Wed	7:39	3.0	8:14	4.3	1:55	0.7	1:27	0.3	6:14	8:01	
11	Thu	8:22	3.2	8:53	4.3	2:32	0.6	2:11	0.2	6:14	7:59	
12	Fri	9:03	3.4	9:31	4.3	3:05	0.5	2:51	0.2	6:15	7:58	
13	Sat	9:43	3.5	10:08	4.3	3:36	0.5	3:30	0.2	6:16	7:57	
14	Sun	10:22	3.7	10:44	4.2	4:08	0.5	4:09	0.3	6:17	7:56	
15	Mon	11:01	3.8	11:20	4.0	4:40	0.5	4:49	0.5	6:18	7:55	
16	Tue	11:39	3.8	11:56	3.8	5:14	0.6	5:30	0.7	6:19	7:53	
17	Wed			12:18	3.9	5:48	0.7	6:15	0.9	6:20	7:52	
18	Thu	12:33	3.6	1:00	3.9	6:25	0.8	7:03	1.1	6:20	7:51	
19	Fri	1:13	3.3	1:46	3.9	7:06	0.9	7:56	1.2	6:21	7:49	
20	Sat	1:59	3.1	2:40	4.0	7:54	0.9	8:54	1.3	6:22	7:48	
21	Sun	2:54	3.0	3:41	4.1	8:48	0.9	9:56	1.3	6:23	7:47	
22	Mon	3:58	3.0	4:46	4.3	9:48	0.8	11:00	1.1	6:24	7:45	
23	Tue	5:04	3.1	5:48	4.5	10:50	0.6			6:25	7:44	
24	Wed	6:05	3.3	6:45	4.8	12:02	0.9	11:53 AM	0.2	6:26	7:43	
25	Thu	7:02	3.6	7:39	5.1	12:59	0.5	12:53	-0.1	6:26	7:41	
26	Fri	7:57	4.0	8:30	5.2	1:50	0.1	1:50	-0.5	6:27	7:40	
27	Sat	8:49	4.3	9:20	5.2	2:37	-0.2	2:44	-0.7	6:28	7:38	
28	Sun	9:41	4.6	10:09	5.0	3:23	-0.5	3:37	-0.7	6:29	7:37	
29	Mon	10:32	4.8	10:57	4.7	4:08	-0.6	4:31	-0.6	6:30	7:35	
30	Tue	11:23	4.9	11:45	4.3	4:53	-0.5	5:26	-0.4	6:31	7:34	
31	Wed			12:14	4.8	5:40	-0.3	6:23	0.0	6:32	7:33	