

Metompkin Inlet, VA - Apr 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:51	4.0	4:15	3.2	10:00	0.6	10:06	0.1	5:47	6:25	
2	Sun	5:51	4.1	6:13	3.6	11:56	0.2			6:45	7:26	
3	Mon	6:46	4.3	7:08	4.1	12:09	-0.2	12:47	-0.1	6:44	7:26	
4	Tue	7:38	4.4	8:00	4.5	1:08	-0.6	1:36	-0.5	6:42	7:27	
5	Wed	8:28	4.4	8:50	4.9	2:04	-0.9	2:22	-0.8	6:41	7:28	
6	Thu	9:17	4.3	9:41	5.1	2:57	-1.0	3:08	-0.9	6:39	7:29	
7	Fri	10:06	4.1	10:31	5.1	3:50	-1.0	3:54	-0.9	6:38	7:30	
8	Sat	10:56	3.8	11:22	5.0	4:42	-0.9	4:42	-0.7	6:36	7:31	
9	Sun	11:45	3.5			5:36	-0.6	5:32	-0.5	6:35	7:32	
10	Mon	12:14	4.7	12:37	3.2	6:32	-0.2	6:26	-0.1	6:33	7:33	
11	Tue	1:09	4.3	1:31	2.9	7:32	0.2	7:25	0.2	6:32	7:34	
12	Wed	2:08	4.0	2:32	2.8	8:35	0.5	8:28	0.4	6:31	7:35	
13	Thu	3:14	3.7	3:41	2.7	9:40	0.7	9:33	0.6	6:29	7:36	
14	Fri	4:24	3.5	4:51	2.8	10:42	0.8	10:39	0.6	6:28	7:36	
15	Sat	5:27	3.5	5:48	3.0	11:35	0.7	11:40	0.6	6:26	7:37	
16	Sun	6:17	3.4	6:34	3.3			12:19	0.7	6:25	7:38	
17	Mon	6:59	3.5	7:14	3.6	12:33	0.4	12:55	0.5	6:24	7:39	
18	Tue	7:36	3.5	7:51	3.8	1:18	0.3	1:28	0.4	6:22	7:40	
19	Wed	8:13	3.5	8:29	4.1	1:58	0.2	2:01	0.3	6:21	7:41	
20	Thu	8:51	3.5	9:07	4.2	2:36	0.1	2:34	0.3	6:20	7:42	
21	Fri	9:29	3.4	9:45	4.3	3:14	0.1	3:09	0.3	6:18	7:43	
22	Sat	10:07	3.4	10:24	4.3	3:51	0.2	3:44	0.3	6:17	7:44	
23	Sun	10:45	3.3	11:03	4.3	4:30	0.3	4:21	0.4	6:16	7:45	
24	Mon	11:24	3.2	11:45	4.3	5:12	0.4	5:00	0.5	6:14	7:46	
25	Tue			12:05	3.1	5:57	0.6	5:44	0.6	6:13	7:46	
26	Wed	12:30	4.2	12:51	3.0	6:46	0.7	6:35	0.7	6:12	7:47	
27	Thu	1:20	4.1	1:43	3.0	7:40	0.8	7:33	0.7	6:11	7:48	
28	Fri	2:16	4.0	2:43	3.0	8:36	0.8	8:36	0.6	6:09	7:49	
29	Sat	3:17	4.0	3:49	3.2	9:32	0.6	9:41	0.5	6:08	7:50	
30	Sun	4:20	4.0	4:52	3.6	10:28	0.4	10:47	0.2	6:07	7:51	