

Metompkin Inlet, VA - Jun 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:45	3.5	7:18	4.9	12:38	-0.1	12:35	-0.4	5:42	8:18	
2	Fri	7:39	3.5	8:11	5.1	1:37	-0.3	1:27	-0.5	5:41	8:18	
3	Sat	8:32	3.4	9:03	5.1	2:31	-0.4	2:18	-0.6	5:41	8:19	
4	Sun	9:24	3.4	9:55	5.0	3:23	-0.4	3:09	-0.6	5:41	8:20	
5	Mon	10:15	3.3	10:45	4.8	4:12	-0.3	3:58	-0.4	5:40	8:20	
6	Tue	11:05	3.3	11:34	4.6	5:02	-0.1	4:49	-0.2	5:40	8:21	
7	Wed	11:55	3.2			5:51	0.1	5:40	0.0	5:40	8:21	
8	Thu	12:22	4.3	12:44	3.1	6:41	0.3	6:34	0.3	5:40	8:22	
9	Fri	1:10	4.0	1:36	3.1	7:29	0.4	7:29	0.6	5:40	8:22	
10	Sat	1:58	3.7	2:29	3.1	8:15	0.6	8:25	0.8	5:40	8:23	
11	Sun	2:48	3.4	3:24	3.2	8:59	0.7	9:22	1.0	5:40	8:23	
12	Mon	3:40	3.2	4:19	3.4	9:41	0.7	10:19	1.0	5:40	8:24	
13	Tue	4:33	3.0	5:10	3.6	10:24	0.7	11:15	1.0	5:40	8:24	
14	Wed	5:23	3.0	5:58	3.8	11:08	0.7			5:40	8:25	
15	Thu	6:12	3.0	6:43	4.1	12:08	0.9	11:53 AM	0.6	5:40	8:25	
16	Fri	6:58	3.0	7:27	4.3	12:57	0.8	12:39	0.5	5:40	8:25	
17	Sat	7:43	3.1	8:11	4.4	1:42	0.6	1:24	0.4	5:40	8:26	
18	Sun	8:28	3.1	8:55	4.6	2:26	0.5	2:08	0.2	5:40	8:26	
19	Mon	9:12	3.2	9:40	4.7	3:08	0.4	2:52	0.1	5:40	8:26	
20	Tue	9:57	3.3	10:25	4.8	3:51	0.3	3:37	0.0	5:40	8:27	
21	Wed	10:43	3.3	11:09	4.7	4:35	0.2	4:23	0.0	5:40	8:27	
22	Thu	11:30	3.4	11:55	4.6	5:20	0.2	5:13	0.1	5:41	8:27	
23	Fri			12:19	3.5	6:06	0.1	6:06	0.2	5:41	8:27	
24	Sat	12:42	4.4	1:11	3.6	6:54	0.1	7:04	0.3	5:41	8:27	
25	Sun	1:31	4.2	2:07	3.8	7:43	0.1	8:06	0.4	5:42	8:27	
26	Mon	2:25	3.9	3:06	4.0	8:34	0.0	9:10	0.4	5:42	8:28	
27	Tue	3:23	3.6	4:08	4.2	9:26	0.0	10:16	0.4	5:42	8:28	
28	Wed	4:24	3.3	5:09	4.4	10:20	-0.1	11:22	0.3	5:43	8:28	
29	Thu	5:26	3.2	6:08	4.6	11:16	-0.2			5:43	8:28	
30	Fri	6:25	3.1	7:04	4.8	12:27	0.2	12:13	-0.2	5:44	8:28	