

Metompkin Inlet, VA - Aug 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:49	3.3	9:21	4.6	2:53	0.2	2:38	-0.2	6:06	8:11	
2	Wed	9:34	3.5	10:03	4.5	3:32	0.1	3:23	-0.2	6:07	8:10	
3	Thu	10:17	3.6	10:42	4.3	4:09	0.2	4:06	0.0	6:07	8:09	
4	Fri	10:59	3.7	11:21	4.1	4:45	0.2	4:49	0.2	6:08	8:08	
5	Sat	11:40	3.7	11:59	3.9	5:21	0.3	5:33	0.4	6:09	8:06	
6	Sun			12:22	3.7	5:57	0.5	6:18	0.7	6:10	8:05	
7	Mon	12:38	3.6	1:04	3.7	6:34	0.7	7:06	0.9	6:11	8:04	
8	Tue	1:19	3.3	1:50	3.7	7:14	0.8	7:57	1.2	6:12	8:03	
9	Wed	2:04	3.1	2:41	3.7	7:58	0.9	8:51	1.3	6:13	8:02	
10	Thu	2:55	2.9	3:38	3.7	8:46	1.0	9:49	1.4	6:13	8:01	
11	Fri	3:52	2.8	4:38	3.9	9:39	1.0	10:48	1.4	6:14	8:00	
12	Sat	4:52	2.9	5:36	4.1	10:35	0.9	11:47	1.2	6:15	7:59	
13	Sun	5:50	3.0	6:29	4.4	11:33	0.7			6:16	7:57	
14	Mon	6:43	3.2	7:19	4.6	12:41	1.0	12:28	0.4	6:17	7:56	
15	Tue	7:33	3.5	8:07	4.9	1:30	0.6	1:21	0.1	6:18	7:55	
16	Wed	8:22	3.8	8:53	5.0	2:15	0.3	2:12	-0.2	6:19	7:54	
17	Thu	9:11	4.1	9:39	5.0	2:58	0.0	3:02	-0.4	6:19	7:52	
18	Fri	9:59	4.4	10:25	4.9	3:41	-0.2	3:52	-0.5	6:20	7:51	
19	Sat	10:48	4.6	11:11	4.7	4:24	-0.3	4:44	-0.4	6:21	7:50	
20	Sun	11:38	4.7	11:58	4.3	5:08	-0.4	5:38	-0.2	6:22	7:48	
21	Mon			12:29	4.8	5:55	-0.3	6:36	0.1	6:23	7:47	
22	Tue	12:48	3.9	1:23	4.7	6:45	-0.1	7:38	0.4	6:24	7:46	
23	Wed	1:41	3.5	2:23	4.5	7:40	0.1	8:43	0.6	6:25	7:44	
24	Thu	2:41	3.2	3:30	4.4	8:38	0.3	9:53	0.8	6:25	7:43	
25	Fri	3:49	3.0	4:41	4.3	9:41	0.4	11:04	0.9	6:26	7:42	
26	Sat	5:00	2.9	5:49	4.3	10:46	0.4			6:27	7:40	
27	Sun	6:05	3.0	6:47	4.4	12:11	0.8	11:50 AM	0.4	6:28	7:39	
28	Mon	7:00	3.2	7:36	4.4	1:07	0.7	12:48	0.2	6:29	7:37	
29	Tue	7:47	3.4	8:18	4.4	1:51	0.5	1:38	0.1	6:30	7:36	
30	Wed	8:30	3.6	8:57	4.4	2:28	0.4	2:23	0.1	6:30	7:34	
31	Thu	9:10	3.8	9:34	4.3	3:01	0.3	3:04	0.1	6:31	7:33	