

Metompkin Inlet, VA - Oct 1989

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	9:57	4.4	10:16	3.8	3:27	0.5	3:59	0.5	6:58	6:45	●
2	Mon	10:35	4.4	10:53	3.6	3:59	0.6	4:37	0.6	6:58	6:44	●
3	Tue	11:14	4.4	11:31	3.5	4:34	0.7	5:17	0.8	6:59	6:42	●
4	Wed	11:54	4.3			5:10	0.9	6:01	1.1	7:00	6:41	◐
5	Thu	12:10	3.3	12:37	4.2	5:51	1.0	6:50	1.3	7:01	6:39	◐
6	Fri	12:53	3.1	1:26	4.1	6:37	1.2	7:44	1.4	7:02	6:38	◐
7	Sat	1:43	3.0	2:22	4.0	7:32	1.2	8:42	1.5	7:03	6:36	◐
8	Sun	2:43	3.0	3:24	4.1	8:33	1.2	9:40	1.4	7:04	6:35	◐
9	Mon	3:48	3.1	4:27	4.2	9:36	1.0	10:37	1.1	7:05	6:33	◐
10	Tue	4:52	3.4	5:25	4.4	10:40	0.8	11:30	0.8	7:06	6:32	◐
11	Wed	5:50	3.8	6:18	4.5	11:41	0.4			7:07	6:31	○
12	Thu	6:43	4.3	7:08	4.6	12:20	0.4	12:40	0.1	7:08	6:29	○
13	Fri	7:33	4.8	7:58	4.6	1:07	0.0	1:36	-0.3	7:08	6:28	○
14	Sat	8:23	5.2	8:46	4.5	1:53	-0.4	2:29	-0.5	7:09	6:26	○
15	Sun	9:13	5.5	9:36	4.4	2:39	-0.6	3:22	-0.6	7:10	6:25	○
16	Mon	10:03	5.6	10:25	4.1	3:25	-0.6	4:14	-0.5	7:11	6:24	○
17	Tue	10:55	5.5	11:16	3.9	4:13	-0.5	5:08	-0.2	7:12	6:22	○
18	Wed	11:48	5.2			5:03	-0.3	6:05	0.1	7:13	6:21	○
19	Thu	12:09	3.6	12:44	4.9	5:57	0.0	7:06	0.4	7:14	6:19	○
20	Fri	1:05	3.3	1:43	4.5	6:57	0.3	8:11	0.7	7:15	6:18	○
21	Sat	2:06	3.1	2:49	4.2	8:01	0.6	9:17	0.9	7:16	6:17	◐
22	Sun	3:17	3.0	3:58	4.0	9:08	0.7	10:20	0.9	7:17	6:16	◐
23	Mon	4:30	3.1	5:03	3.9	10:15	0.8	11:15	0.9	7:18	6:14	◐
24	Tue	5:33	3.3	5:56	3.8	11:18	0.8			7:19	6:13	◐
25	Wed	6:21	3.6	6:39	3.7	12:00	0.8	12:14	0.7	7:20	6:12	◐
26	Thu	7:00	3.8	7:17	3.7	12:38	0.7	1:02	0.6	7:21	6:11	◐
27	Fri	7:37	4.1	7:54	3.7	1:12	0.6	1:43	0.5	7:22	6:09	◐
28	Sat	8:14	4.3	8:31	3.6	1:44	0.5	2:22	0.5	7:23	6:08	◐
29	Sun	7:51	4.4	8:08	3.6	1:18	0.4	1:59	0.4	6:24	5:07	●
30	Mon	8:29	4.5	8:47	3.5	1:52	0.4	2:36	0.5	6:25	5:06	●
31	Tue	9:08	4.5	9:25	3.4	2:27	0.5	3:15	0.6	6:26	5:05	●