

Metompkin Inlet, VA - May 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:14	4.1	2:44	3.1	8:37	0.3	8:39	0.3	6:06	7:52	
2	Wed	3:19	3.8	3:54	3.1	9:38	0.4	9:46	0.5	6:05	7:53	
3	Thu	4:25	3.6	5:00	3.3	10:34	0.5	10:52	0.5	6:04	7:54	
4	Fri	5:24	3.5	5:55	3.5	11:24	0.4	11:54	0.5	6:03	7:54	
5	Sat	6:15	3.4	6:40	3.7			12:08	0.4	6:02	7:55	
6	Sun	6:58	3.3	7:20	3.9	12:47	0.4	12:48	0.3	6:01	7:56	
7	Mon	7:38	3.3	7:58	4.1	1:33	0.3	1:25	0.3	6:00	7:57	
8	Tue	8:16	3.3	8:36	4.3	2:13	0.2	2:01	0.2	5:59	7:58	
9	Wed	8:56	3.2	9:15	4.3	2:51	0.2	2:37	0.2	5:58	7:59	
10	Thu	9:35	3.2	9:55	4.4	3:28	0.2	3:14	0.3	5:57	8:00	
11	Fri	10:15	3.2	10:35	4.3	4:05	0.3	3:52	0.4	5:56	8:01	
12	Sat	10:55	3.1	11:16	4.3	4:44	0.4	4:30	0.5	5:55	8:02	
13	Sun	11:36	3.1	11:58	4.2	5:25	0.6	5:12	0.6	5:54	8:03	
14	Mon			12:18	3.0	6:09	0.7	5:57	0.7	5:53	8:03	
15	Tue	12:42	4.1	1:03	3.0	6:56	0.8	6:47	0.8	5:52	8:04	
16	Wed	1:28	4.0	1:54	3.1	7:44	0.8	7:43	0.8	5:51	8:05	
17	Thu	2:19	3.9	2:50	3.2	8:34	0.7	8:43	0.8	5:50	8:06	
18	Fri	3:15	3.8	3:50	3.5	9:24	0.6	9:45	0.7	5:50	8:07	
19	Sat	4:13	3.7	4:49	3.9	10:15	0.4	10:47	0.4	5:49	8:08	
20	Sun	5:10	3.7	5:45	4.3	11:06	0.1	11:50	0.2	5:48	8:09	
21	Mon	6:06	3.7	6:39	4.7	11:58	-0.2			5:48	8:09	
22	Tue	7:01	3.7	7:32	5.1	12:50	-0.2	12:51	-0.4	5:47	8:10	
23	Wed	7:54	3.7	8:25	5.3	1:47	-0.4	1:43	-0.6	5:46	8:11	
24	Thu	8:48	3.7	9:18	5.4	2:42	-0.6	2:35	-0.8	5:46	8:12	
25	Fri	9:41	3.6	10:12	5.3	3:35	-0.6	3:27	-0.8	5:45	8:13	
26	Sat	10:35	3.6	11:06	5.1	4:28	-0.6	4:20	-0.7	5:44	8:13	
27	Sun	11:29	3.5			5:22	-0.4	5:15	-0.5	5:44	8:14	
28	Mon	12:00	4.8	12:24	3.4	6:18	-0.2	6:13	-0.2	5:43	8:15	
29	Tue	12:54	4.5	1:21	3.3	7:13	0.0	7:14	0.1	5:43	8:15	
30	Wed	1:48	4.1	2:21	3.3	8:08	0.2	8:17	0.4	5:43	8:16	
31	Thu	2:45	3.7	3:23	3.3	9:00	0.3	9:20	0.6	5:42	8:17	