

Metompkin Inlet, VA - Sep 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:11	3.2	6:46	4.3	12:08	1.3	11:55 AM	0.8	6:32	7:32	
2	Sun	6:59	3.5	7:30	4.5	12:53	1.0	12:46	0.5	6:33	7:30	
3	Mon	7:44	3.8	8:12	4.7	1:34	0.7	1:35	0.3	6:34	7:29	
4	Tue	8:29	4.1	8:54	4.7	2:14	0.4	2:21	0.0	6:34	7:27	
5	Wed	9:13	4.4	9:36	4.7	2:52	0.1	3:07	-0.1	6:35	7:26	
6	Thu	9:57	4.7	10:19	4.6	3:31	0.0	3:54	-0.1	6:36	7:24	
7	Fri	10:42	4.9	11:03	4.4	4:12	-0.1	4:43	-0.1	6:37	7:23	
8	Sat	11:30	4.9	11:49	4.1	4:55	-0.1	5:35	0.1	6:38	7:21	
9	Sun			12:20	4.9	5:41	0.0	6:31	0.4	6:39	7:20	
10	Mon	12:38	3.7	1:14	4.8	6:32	0.2	7:32	0.6	6:40	7:18	
11	Tue	1:33	3.4	2:15	4.6	7:29	0.3	8:37	0.8	6:40	7:17	
12	Wed	2:35	3.2	3:24	4.5	8:32	0.4	9:46	0.9	6:41	7:15	
13	Thu	3:46	3.1	4:36	4.4	9:39	0.5	10:55	0.8	6:42	7:14	
14	Fri	4:58	3.2	5:43	4.4	10:47	0.4	11:58	0.7	6:43	7:12	
15	Sat	6:03	3.4	6:40	4.5	11:52	0.3			6:44	7:10	
16	Sun	6:59	3.7	7:30	4.5	12:51	0.5	12:51	0.1	6:45	7:09	
17	Mon	7:47	3.9	8:14	4.4	1:36	0.3	1:44	0.0	6:45	7:07	
18	Tue	8:31	4.2	8:55	4.3	2:16	0.1	2:31	-0.1	6:46	7:06	
19	Wed	9:13	4.4	9:34	4.2	2:53	0.1	3:14	0.0	6:47	7:04	
20	Thu	9:53	4.5	10:13	4.0	3:28	0.1	3:56	0.1	6:48	7:03	
21	Fri	10:33	4.5	10:52	3.8	4:03	0.2	4:37	0.3	6:49	7:01	
22	Sat	11:14	4.4	11:31	3.6	4:39	0.4	5:19	0.6	6:50	7:00	
23	Sun	11:55	4.3			5:16	0.6	6:03	0.9	6:50	6:58	
24	Mon	12:12	3.4	12:39	4.1	5:57	0.9	6:51	1.2	6:51	6:56	
25	Tue	12:55	3.2	1:27	4.0	6:42	1.1	7:43	1.4	6:52	6:55	
26	Wed	1:43	3.0	2:21	3.9	7:33	1.2	8:38	1.6	6:53	6:53	
27	Thu	2:39	2.9	3:21	3.8	8:28	1.3	9:36	1.6	6:54	6:52	
28	Fri	3:41	2.9	4:22	3.9	9:27	1.3	10:31	1.5	6:55	6:50	
29	Sat	4:43	3.1	5:18	4.1	10:26	1.1	11:22	1.3	6:56	6:49	
30	Sun	5:38	3.4	6:08	4.2	11:23	0.9			6:56	6:47	