

Metompkin Inlet, VA - Dec 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	6:59	5.2	7:18	3.7	12:16	-0.6	1:14	-0.4	6:58	4:44	
2	Sun	7:52	5.4	8:11	3.7	1:08	-0.8	2:07	-0.6	6:59	4:44	
3	Mon	8:46	5.4	9:05	3.6	1:59	-1.0	3:00	-0.6	7:00	4:43	
4	Tue	9:40	5.2	9:59	3.5	2:52	-0.9	3:53	-0.5	7:01	4:43	
5	Wed	10:33	5.0	10:54	3.4	3:46	-0.8	4:48	-0.3	7:02	4:43	
6	Thu	11:27	4.7	11:50	3.3	4:43	-0.5	5:44	-0.2	7:03	4:43	
7	Fri			12:21	4.2	5:43	-0.2	6:39	0.0	7:04	4:43	
8	Sat	12:50	3.3	1:17	3.8	6:46	0.1	7:33	0.1	7:04	4:43	
9	Sun	1:53	3.3	2:15	3.4	7:51	0.3	8:26	0.2	7:05	4:43	
10	Mon	2:57	3.3	3:14	3.2	8:56	0.5	9:15	0.2	7:06	4:43	
11	Tue	3:58	3.5	4:10	3.0	10:01	0.6	10:03	0.3	7:07	4:44	
12	Wed	4:51	3.6	5:00	2.9	11:02	0.6	10:49	0.3	7:08	4:44	
13	Thu	5:36	3.8	5:46	2.8	11:54	0.5	11:33	0.2	7:08	4:44	
14	Fri	6:18	3.9	6:29	2.9			12:38	0.4	7:09	4:44	
15	Sat	6:59	4.1	7:10	2.9	12:15	0.1	1:18	0.4	7:10	4:44	
16	Sun	7:40	4.1	7:51	2.9	12:56	0.1	1:55	0.3	7:10	4:45	
17	Mon	8:21	4.2	8:33	3.0	1:35	0.0	2:32	0.3	7:11	4:45	
18	Tue	9:02	4.2	9:14	3.0	2:14	0.0	3:09	0.3	7:12	4:45	
19	Wed	9:42	4.2	9:55	3.0	2:54	0.0	3:47	0.4	7:12	4:46	
20	Thu	10:21	4.1	10:36	3.0	3:34	0.1	4:27	0.4	7:13	4:46	
21	Fri	11:01	4.0	11:19	3.1	4:16	0.2	5:08	0.4	7:13	4:47	
22	Sat	11:41	3.9			5:02	0.3	5:50	0.4	7:14	4:47	
23	Sun	12:04	3.2	12:24	3.7	5:53	0.5	6:34	0.3	7:14	4:48	
24	Mon	12:54	3.3	1:12	3.5	6:50	0.5	7:21	0.2	7:15	4:48	
25	Tue	1:49	3.5	2:06	3.3	7:50	0.5	8:10	0.1	7:15	4:49	
26	Wed	2:49	3.7	3:05	3.2	8:53	0.4	9:03	-0.1	7:15	4:50	
27	Thu	3:50	4.0	4:06	3.1	9:57	0.3	9:59	-0.3	7:16	4:50	
28	Fri	4:49	4.4	5:06	3.1	11:02	0.0	10:57	-0.6	7:16	4:51	
29	Sat	5:47	4.7	6:03	3.2			12:03	-0.2	7:16	4:52	
30	Sun	6:44	4.9	7:00	3.3			1:00	-0.5	7:17	4:52	
31	Mon	7:39	5.0	7:55	3.4	12:51	-1.1	1:54	-0.6	7:17	4:53	