

Metompkin Inlet, VA - Jan 1991

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:33	5.0	8:50	3.5	1:47	-1.3	2:44	-0.8	7:17	4:54	
2	Wed	9:25	4.9	9:43	3.6	2:40	-1.3	3:34	-0.8	7:17	4:55	
3	Thu	10:15	4.7	10:36	3.6	3:33	-1.1	4:23	-0.7	7:17	4:55	
4	Fri	11:03	4.3	11:27	3.5	4:27	-0.9	5:12	-0.6	7:17	4:56	
5	Sat	11:51	3.9			5:23	-0.5	6:01	-0.4	7:17	4:57	
6	Sun	12:20	3.4	12:39	3.5	6:20	-0.1	6:49	-0.2	7:17	4:58	
7	Mon	1:14	3.4	1:30	3.1	7:19	0.2	7:37	0.0	7:17	4:59	
8	Tue	2:12	3.3	2:24	2.7	8:20	0.4	8:26	0.1	7:17	5:00	
9	Wed	3:11	3.3	3:21	2.6	9:22	0.6	9:16	0.2	7:17	5:01	
10	Thu	4:10	3.4	4:17	2.5	10:24	0.7	10:07	0.2	7:17	5:02	
11	Fri	5:03	3.5	5:09	2.5	11:22	0.6	10:57	0.2	7:17	5:03	
12	Sat	5:51	3.6	5:57	2.6			12:10	0.6	7:17	5:04	
13	Sun	6:36	3.8	6:42	2.7			12:52	0.4	7:16	5:05	
14	Mon	7:18	3.9	7:25	2.9	12:30	-0.1	1:29	0.3	7:16	5:06	
15	Tue	7:59	4.1	8:07	3.0	1:12	-0.2	2:05	0.2	7:16	5:07	
16	Wed	8:38	4.1	8:48	3.1	1:53	-0.3	2:41	0.1	7:16	5:08	
17	Thu	9:17	4.2	9:29	3.2	2:33	-0.3	3:17	0.0	7:15	5:09	
18	Fri	9:54	4.1	10:10	3.3	3:13	-0.3	3:54	0.0	7:15	5:10	
19	Sat	10:32	4.0	10:51	3.4	3:56	-0.2	4:32	0.0	7:14	5:11	
20	Sun	11:11	3.8	11:35	3.5	4:41	-0.1	5:12	0.0	7:14	5:12	
21	Mon	11:53	3.6			5:31	0.1	5:56	0.0	7:13	5:13	
22	Tue	12:23	3.6	12:40	3.3	6:26	0.2	6:44	-0.1	7:13	5:14	
23	Wed	1:17	3.7	1:34	3.1	7:26	0.3	7:36	-0.1	7:12	5:15	
24	Thu	2:18	3.8	2:36	2.9	8:30	0.3	8:34	-0.2	7:12	5:16	
25	Fri	3:24	4.0	3:42	2.8	9:38	0.3	9:36	-0.3	7:11	5:17	
26	Sat	4:30	4.2	4:47	2.9	10:45	0.1	10:40	-0.6	7:10	5:18	
27	Sun	5:33	4.4	5:49	3.0	11:49	-0.2	11:42	-0.9	7:10	5:20	
28	Mon	6:31	4.6	6:46	3.2			12:46	-0.5	7:09	5:21	
29	Tue	7:26	4.7	7:41	3.5	12:40	-1.1	1:37	-0.7	7:08	5:22	
30	Wed	8:17	4.7	8:34	3.6	1:35	-1.3	2:25	-0.9	7:07	5:23	
31	Thu	9:06	4.6	9:24	3.7	2:27	-1.3	3:10	-0.9	7:07	5:24	