

Metompkin Inlet, VA - Mar 1991

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	8:43	4.2	9:00	4.0	2:13	-1.1	2:40	-0.8	6:34	5:55	
2	Sat	9:26	4.0	9:45	4.1	3:00	-1.0	3:20	-0.7	6:32	5:56	
3	Sun	10:07	3.7	10:28	4.0	3:46	-0.7	4:00	-0.5	6:31	5:57	
4	Mon	10:48	3.4	11:11	3.9	4:32	-0.4	4:40	-0.3	6:29	5:58	
5	Tue	11:30	3.1	11:56	3.7	5:18	-0.1	5:22	0.0	6:28	5:59	
6	Wed			12:13	2.9	6:07	0.3	6:07	0.3	6:26	6:00	
7	Thu	12:44	3.5	1:00	2.6	6:59	0.7	6:56	0.5	6:25	6:01	
8	Fri	1:38	3.3	1:55	2.5	7:54	0.9	7:50	0.6	6:24	6:02	
9	Sat	2:40	3.2	2:55	2.5	8:53	1.1	8:47	0.7	6:22	6:03	
10	Sun	3:44	3.3	3:57	2.6	9:52	1.1	9:46	0.6	6:21	6:04	
11	Mon	4:42	3.4	4:53	2.8	10:47	0.9	10:42	0.4	6:19	6:05	
12	Tue	5:32	3.6	5:42	3.1	11:34	0.7	11:34	0.2	6:18	6:06	
13	Wed	6:16	3.8	6:28	3.4			12:15	0.5	6:16	6:07	
14	Thu	6:57	4.0	7:11	3.7	12:21	0.0	12:54	0.2	6:15	6:08	
15	Fri	7:38	4.1	7:53	4.0	1:07	-0.3	1:32	-0.1	6:13	6:09	
16	Sat	8:19	4.1	8:36	4.3	1:51	-0.5	2:10	-0.3	6:12	6:10	
17	Sun	9:00	4.0	9:19	4.5	2:35	-0.5	2:49	-0.4	6:10	6:10	
18	Mon	9:42	3.9	10:03	4.6	3:21	-0.5	3:30	-0.4	6:09	6:11	
19	Tue	10:26	3.7	10:51	4.6	4:09	-0.4	4:14	-0.3	6:07	6:12	
20	Wed	11:12	3.5	11:41	4.4	5:00	-0.2	5:03	-0.2	6:06	6:13	
21	Thu			12:03	3.2	5:57	0.0	5:57	-0.1	6:04	6:14	
22	Fri	12:38	4.3	1:00	3.0	6:58	0.2	6:58	0.0	6:03	6:15	
23	Sat	1:42	4.1	2:06	2.9	8:03	0.4	8:03	0.1	6:01	6:16	
24	Sun	2:52	4.0	3:18	2.9	9:09	0.4	9:12	0.0	6:00	6:17	
25	Mon	4:02	4.0	4:27	3.1	10:14	0.3	10:20	-0.1	5:58	6:18	
26	Tue	5:06	4.0	5:27	3.4	11:12	0.1	11:24	-0.3	5:57	6:19	
27	Wed	6:01	4.0	6:20	3.7			12:03	-0.1	5:55	6:20	
28	Thu	6:49	4.0	7:08	4.0	12:21	-0.5	12:48	-0.3	5:54	6:21	
29	Fri	7:34	3.9	7:52	4.2	1:12	-0.6	1:29	-0.4	5:52	6:21	
30	Sat	8:17	3.8	8:35	4.3	1:58	-0.6	2:08	-0.4	5:50	6:22	
31	Sun	8:58	3.7	9:16	4.3	2:42	-0.6	2:46	-0.4	5:49	6:23	