

Metompkin Inlet, VA - Jul 1991

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon			12:05	3.4	5:48	0.5	5:47	0.6	5:44	8:28	
2	Tue	12:22	4.0	12:47	3.5	6:27	0.5	6:35	0.7	5:44	8:27	
3	Wed	1:03	3.8	1:33	3.6	7:09	0.5	7:27	0.8	5:45	8:27	
4	Thu	1:46	3.6	2:23	3.7	7:52	0.5	8:24	0.9	5:45	8:27	
5	Fri	2:36	3.4	3:18	3.9	8:39	0.4	9:24	0.8	5:46	8:27	
6	Sat	3:33	3.3	4:17	4.2	9:30	0.3	10:26	0.7	5:46	8:27	
7	Sun	4:33	3.2	5:17	4.5	10:26	0.2	11:30	0.5	5:47	8:27	
8	Mon	5:34	3.3	6:16	4.8	11:24	-0.1			5:47	8:26	
9	Tue	6:34	3.4	7:13	5.0	12:32	0.3	12:24	-0.3	5:48	8:26	
10	Wed	7:31	3.5	8:09	5.2	1:31	0.0	1:22	-0.6	5:49	8:26	
11	Thu	8:28	3.7	9:04	5.3	2:25	-0.3	2:18	-0.8	5:49	8:25	
12	Fri	9:24	3.8	9:57	5.3	3:17	-0.5	3:13	-0.9	5:50	8:25	
13	Sat	10:18	3.9	10:48	5.1	4:07	-0.6	4:08	-0.8	5:51	8:24	
14	Sun	11:12	4.0	11:38	4.8	4:56	-0.6	5:03	-0.6	5:51	8:24	
15	Mon			12:05	4.1	5:45	-0.5	5:59	-0.3	5:52	8:24	
16	Tue	12:27	4.4	12:57	4.0	6:34	-0.3	6:58	0.0	5:53	8:23	
17	Wed	1:16	3.9	1:51	3.9	7:23	-0.1	7:58	0.3	5:53	8:22	
18	Thu	2:07	3.5	2:48	3.9	8:12	0.1	9:00	0.6	5:54	8:22	
19	Fri	3:01	3.1	3:48	3.8	9:02	0.3	10:03	0.8	5:55	8:21	
20	Sat	3:59	2.9	4:48	3.8	9:53	0.5	11:07	0.9	5:56	8:21	
21	Sun	4:58	2.7	5:44	3.9	10:45	0.6			5:56	8:20	
22	Mon	5:53	2.7	6:34	4.0	12:08	0.9	11:37 AM	0.6	5:57	8:19	
23	Tue	6:42	2.8	7:19	4.1	12:59	0.9	12:28	0.5	5:58	8:19	
24	Wed	7:28	3.0	8:02	4.2	1:41	0.8	1:14	0.4	5:59	8:18	
25	Thu	8:11	3.1	8:42	4.3	2:18	0.7	1:58	0.3	6:00	8:17	
26	Fri	8:53	3.3	9:22	4.4	2:53	0.6	2:39	0.2	6:00	8:16	
27	Sat	9:35	3.4	10:00	4.4	3:27	0.5	3:19	0.2	6:01	8:16	
28	Sun	10:16	3.6	10:37	4.4	4:01	0.4	3:59	0.2	6:02	8:15	
29	Mon	10:56	3.7	11:15	4.2	4:37	0.4	4:40	0.3	6:03	8:14	
30	Tue	11:36	3.8	11:52	4.1	5:13	0.4	5:23	0.5	6:04	8:13	
31	Wed			12:17	3.9	5:50	0.4	6:10	0.6	6:05	8:12	