

Metompkin Inlet, VA - Aug 1991

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:32	3.9	1:01	4.0	6:31	0.4	7:02	0.7	6:05	8:11	
2	Fri	1:15	3.6	1:51	4.1	7:15	0.5	7:59	0.8	6:06	8:10	
3	Sat	2:04	3.4	2:48	4.2	8:06	0.4	9:00	0.9	6:07	8:09	
4	Sun	3:03	3.2	3:51	4.3	9:01	0.4	10:05	0.8	6:08	8:08	
5	Mon	4:08	3.2	4:56	4.5	10:02	0.3	11:11	0.7	6:09	8:07	
6	Tue	5:14	3.2	5:59	4.8	11:05	0.0			6:10	8:06	
7	Wed	6:17	3.4	6:59	5.0	12:15	0.4	12:08	-0.2	6:10	8:05	
8	Thu	7:16	3.6	7:54	5.1	1:14	0.1	1:09	-0.5	6:11	8:04	
9	Fri	8:12	3.9	8:47	5.1	2:07	-0.2	2:06	-0.7	6:12	8:03	
10	Sat	9:06	4.1	9:37	5.1	2:56	-0.4	3:00	-0.8	6:13	8:01	
11	Sun	9:58	4.3	10:26	4.8	3:42	-0.5	3:53	-0.7	6:14	8:00	
12	Mon	10:49	4.4	11:12	4.5	4:27	-0.5	4:45	-0.5	6:15	7:59	
13	Tue	11:38	4.4	11:58	4.1	5:12	-0.4	5:38	-0.2	6:16	7:58	
14	Wed			12:27	4.3	5:57	-0.2	6:32	0.2	6:16	7:57	
15	Thu	12:44	3.7	1:16	4.2	6:43	0.1	7:28	0.5	6:17	7:55	
16	Fri	1:31	3.4	2:09	4.0	7:31	0.4	8:26	0.9	6:18	7:54	
17	Sat	2:23	3.0	3:06	3.8	8:22	0.6	9:27	1.1	6:19	7:53	
18	Sun	3:20	2.8	4:09	3.8	9:15	0.8	10:31	1.3	6:20	7:52	
19	Mon	4:21	2.8	5:11	3.8	10:10	0.9	11:32	1.3	6:21	7:50	
20	Tue	5:21	2.8	6:05	3.9	11:06	0.9			6:22	7:49	
21	Wed	6:14	3.0	6:52	4.1	12:25	1.2	12:00	0.7	6:22	7:48	
22	Thu	7:01	3.2	7:34	4.2	1:07	1.0	12:49	0.6	6:23	7:46	
23	Fri	7:44	3.4	8:14	4.4	1:44	0.9	1:33	0.4	6:24	7:45	
24	Sat	8:26	3.7	8:52	4.4	2:18	0.7	2:15	0.3	6:25	7:44	
25	Sun	9:06	3.9	9:30	4.4	2:52	0.5	2:56	0.2	6:26	7:42	
26	Mon	9:46	4.1	10:07	4.4	3:26	0.4	3:36	0.2	6:27	7:41	
27	Tue	10:26	4.3	10:45	4.3	4:01	0.3	4:18	0.3	6:28	7:39	
28	Wed	11:07	4.4	11:24	4.1	4:37	0.3	5:02	0.4	6:28	7:38	
29	Thu	11:49	4.5			5:16	0.3	5:50	0.5	6:29	7:36	
30	Fri	12:05	3.9	12:35	4.5	5:58	0.4	6:43	0.7	6:30	7:35	
31	Sat	12:50	3.6	1:26	4.5	6:46	0.5	7:41	0.9	6:31	7:34	