

Metompkin Inlet, VA - May 1993

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:36	4.0	5:10	4.0	10:40	0.1	11:09	0.1	6:06	7:52	
2	Sun	5:36	4.0	6:08	4.3	11:35	-0.2			6:05	7:53	
3	Mon	6:32	4.0	7:03	4.7	12:13	-0.2	12:28	-0.4	6:04	7:54	
4	Tue	7:26	3.9	7:55	5.0	1:12	-0.5	1:20	-0.6	6:02	7:55	
5	Wed	8:19	3.9	8:46	5.1	2:08	-0.7	2:10	-0.8	6:01	7:56	
6	Thu	9:10	3.8	9:37	5.1	3:00	-0.8	2:58	-0.8	6:00	7:57	
7	Fri	10:00	3.7	10:27	5.0	3:51	-0.7	3:47	-0.7	5:59	7:57	
8	Sat	10:49	3.6	11:16	4.8	4:40	-0.5	4:35	-0.5	5:58	7:58	
9	Sun	11:38	3.4			5:31	-0.3	5:25	-0.2	5:57	7:59	
10	Mon	12:05	4.5	12:28	3.3	6:22	0.0	6:17	0.1	5:56	8:00	
11	Tue	12:54	4.1	1:19	3.1	7:13	0.3	7:12	0.4	5:55	8:01	
12	Wed	1:45	3.8	2:13	3.0	8:05	0.5	8:09	0.7	5:54	8:02	
13	Thu	2:38	3.5	3:10	3.1	8:55	0.7	9:06	0.8	5:54	8:03	
14	Fri	3:34	3.4	4:08	3.2	9:43	0.7	10:04	0.9	5:53	8:04	
15	Sat	4:29	3.2	5:03	3.4	10:29	0.8	11:00	0.9	5:52	8:05	
16	Sun	5:21	3.2	5:51	3.6	11:13	0.7	11:54	0.8	5:51	8:05	
17	Mon	6:08	3.2	6:36	3.9	11:56	0.6			5:50	8:06	
18	Tue	6:53	3.3	7:18	4.1	12:42	0.6	12:39	0.5	5:49	8:07	
19	Wed	7:36	3.3	8:00	4.4	1:27	0.5	1:21	0.3	5:49	8:08	
20	Thu	8:19	3.4	8:42	4.5	2:10	0.3	2:02	0.2	5:48	8:09	
21	Fri	9:01	3.4	9:25	4.7	2:51	0.2	2:43	0.1	5:47	8:10	
22	Sat	9:45	3.5	10:08	4.7	3:33	0.1	3:25	0.1	5:47	8:10	
23	Sun	10:28	3.5	10:52	4.7	4:16	0.1	4:09	0.1	5:46	8:11	
24	Mon	11:14	3.5	11:37	4.7	5:01	0.1	4:55	0.1	5:45	8:12	
25	Tue			12:01	3.5	5:49	0.2	5:46	0.2	5:45	8:13	
26	Wed	12:25	4.6	12:51	3.5	6:39	0.2	6:41	0.3	5:44	8:13	
27	Thu	1:15	4.4	1:46	3.6	7:31	0.2	7:41	0.3	5:44	8:14	
28	Fri	2:10	4.1	2:46	3.7	8:24	0.1	8:45	0.4	5:43	8:15	
29	Sat	3:08	3.9	3:49	3.9	9:18	0.0	9:49	0.3	5:43	8:16	
30	Sun	4:10	3.7	4:51	4.2	10:12	-0.1	10:55	0.2	5:42	8:16	
31	Mon	5:11	3.6	5:50	4.5	11:07	-0.2			5:42	8:17	