

Metompkin Inlet, VA - Jul 1993

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:46	3.2	7:24	4.6	12:49	0.1	12:37	-0.3	5:44	8:27	
2	Fri	7:40	3.2	8:15	4.7	1:44	0.0	1:30	-0.4	5:44	8:27	
3	Sat	8:30	3.3	9:02	4.7	2:33	-0.1	2:20	-0.4	5:45	8:27	
4	Sun	9:18	3.4	9:47	4.6	3:18	-0.1	3:06	-0.4	5:46	8:27	
5	Mon	10:04	3.4	10:31	4.5	4:00	-0.1	3:51	-0.2	5:46	8:27	
6	Tue	10:49	3.4	11:12	4.3	4:40	0.0	4:36	-0.1	5:47	8:27	
7	Wed	11:33	3.5	11:53	4.1	5:20	0.1	5:20	0.2	5:47	8:26	
8	Thu			12:16	3.5	5:59	0.3	6:06	0.4	5:48	8:26	
9	Fri	12:34	3.8	1:00	3.5	6:39	0.4	6:54	0.7	5:48	8:26	
10	Sat	1:16	3.6	1:47	3.5	7:20	0.6	7:45	0.9	5:49	8:25	
11	Sun	2:00	3.3	2:37	3.5	8:03	0.7	8:37	1.1	5:50	8:25	
12	Mon	2:49	3.1	3:30	3.6	8:47	0.7	9:32	1.2	5:50	8:25	
13	Tue	3:42	3.0	4:25	3.7	9:35	0.7	10:28	1.2	5:51	8:24	
14	Wed	4:38	3.0	5:20	4.0	10:25	0.7	11:25	1.1	5:52	8:24	
15	Thu	5:33	3.0	6:11	4.2	11:18	0.5			5:52	8:23	
16	Fri	6:25	3.2	7:01	4.5	12:20	0.8	12:11	0.3	5:53	8:23	
17	Sat	7:15	3.4	7:49	4.7	1:11	0.6	1:03	0.1	5:54	8:22	
18	Sun	8:05	3.6	8:37	4.9	2:00	0.3	1:53	-0.2	5:55	8:22	
19	Mon	8:55	3.8	9:25	5.1	2:46	0.0	2:43	-0.4	5:55	8:21	
20	Tue	9:44	4.0	10:12	5.1	3:31	-0.2	3:33	-0.5	5:56	8:20	
21	Wed	10:34	4.2	10:59	4.9	4:17	-0.4	4:24	-0.5	5:57	8:20	
22	Thu	11:25	4.3	11:47	4.7	5:03	-0.4	5:17	-0.4	5:58	8:19	
23	Fri			12:16	4.4	5:51	-0.4	6:14	-0.2	5:58	8:18	
24	Sat	12:36	4.4	1:10	4.4	6:41	-0.4	7:14	0.1	5:59	8:18	
25	Sun	1:28	4.0	2:07	4.3	7:33	-0.2	8:16	0.3	6:00	8:17	
26	Mon	2:24	3.6	3:09	4.3	8:28	-0.1	9:22	0.5	6:01	8:16	
27	Tue	3:25	3.3	4:15	4.3	9:25	0.0	10:29	0.5	6:02	8:15	
28	Wed	4:30	3.1	5:20	4.3	10:24	0.1	11:36	0.5	6:02	8:14	
29	Thu	5:34	3.0	6:20	4.3	11:24	0.1			6:03	8:13	
30	Fri	6:33	3.1	7:13	4.4	12:39	0.4	12:22	0.0	6:04	8:12	
31	Sat	7:25	3.2	8:00	4.4	1:32	0.3	1:16	-0.1	6:05	8:11	