

Metompkin Inlet, VA - Aug 1993

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:12	3.3	8:44	4.4	2:16	0.2	2:04	-0.1	6:06	8:11	
2	Mon	8:57	3.5	9:25	4.4	2:56	0.2	2:48	-0.1	6:07	8:10	
3	Tue	9:39	3.6	10:04	4.3	3:32	0.1	3:30	-0.1	6:07	8:09	
4	Wed	10:21	3.7	10:43	4.2	4:07	0.2	4:11	0.1	6:08	8:08	
5	Thu	11:02	3.8	11:21	4.0	4:43	0.2	4:52	0.3	6:09	8:06	
6	Fri	11:42	3.8	11:59	3.8	5:18	0.4	5:34	0.5	6:10	8:05	
7	Sat			12:24	3.8	5:56	0.5	6:19	0.8	6:11	8:04	
8	Sun	12:39	3.6	1:07	3.8	6:35	0.7	7:07	1.0	6:12	8:03	
9	Mon	1:20	3.4	1:54	3.8	7:17	0.8	7:58	1.2	6:13	8:02	
10	Tue	2:06	3.2	2:46	3.8	8:03	0.9	8:52	1.3	6:13	8:01	
11	Wed	2:59	3.1	3:43	3.9	8:53	0.9	9:50	1.3	6:14	8:00	
12	Thu	3:57	3.0	4:42	4.0	9:48	0.8	10:48	1.2	6:15	7:59	
13	Fri	4:57	3.1	5:39	4.3	10:45	0.7	11:46	1.0	6:16	7:57	
14	Sat	5:54	3.3	6:32	4.6	11:42	0.4			6:17	7:56	
15	Sun	6:48	3.6	7:23	4.8	12:40	0.6	12:39	0.1	6:18	7:55	
16	Mon	7:40	3.9	8:12	5.0	1:31	0.3	1:33	-0.3	6:19	7:54	
17	Tue	8:31	4.3	9:01	5.1	2:18	-0.1	2:25	-0.5	6:19	7:52	
18	Wed	9:22	4.5	9:49	5.1	3:04	-0.4	3:17	-0.7	6:20	7:51	
19	Thu	10:12	4.8	10:37	4.9	3:49	-0.5	4:09	-0.7	6:21	7:50	
20	Fri	11:03	4.9	11:26	4.6	4:36	-0.6	5:02	-0.5	6:22	7:48	
21	Sat	11:55	4.9			5:23	-0.5	5:58	-0.2	6:23	7:47	
22	Sun	12:16	4.3	12:48	4.8	6:14	-0.4	6:58	0.1	6:24	7:46	
23	Mon	1:08	3.9	1:46	4.6	7:07	-0.1	8:00	0.4	6:25	7:44	
24	Tue	2:04	3.5	2:48	4.4	8:05	0.1	9:06	0.6	6:25	7:43	
25	Wed	3:06	3.2	3:56	4.2	9:05	0.3	10:15	0.8	6:26	7:41	
26	Thu	4:15	3.1	5:05	4.2	10:08	0.4	11:23	0.8	6:27	7:40	
27	Fri	5:22	3.1	6:07	4.2	11:10	0.4			6:28	7:39	
28	Sat	6:21	3.2	6:58	4.2	12:23	0.7	12:10	0.3	6:29	7:37	
29	Sun	7:10	3.4	7:41	4.3	1:11	0.6	1:02	0.3	6:30	7:36	
30	Mon	7:53	3.6	8:20	4.3	1:51	0.5	1:48	0.2	6:31	7:34	
31	Tue	8:33	3.8	8:58	4.3	2:26	0.4	2:29	0.1	6:31	7:33	