

Metompkin Inlet, VA - Mar 1995

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:11	4.2	8:28	3.9	1:41	-1.0	2:12	-0.7	6:33	5:55	
2	Thu	8:54	4.1	9:12	3.9	2:27	-0.9	2:52	-0.7	6:32	5:56	
3	Fri	9:36	3.9	9:54	3.9	3:11	-0.8	3:31	-0.5	6:31	5:57	
4	Sat	10:16	3.7	10:36	3.9	3:54	-0.6	4:10	-0.4	6:29	5:58	
5	Sun	10:57	3.5	11:19	3.7	4:38	-0.3	4:50	-0.1	6:28	5:59	
6	Mon	11:38	3.2			5:23	0.1	5:32	0.1	6:26	6:00	
7	Tue	12:03	3.6	12:22	3.0	6:10	0.4	6:17	0.4	6:25	6:01	
8	Wed	12:51	3.4	1:10	2.8	7:00	0.7	7:06	0.5	6:24	6:02	
9	Thu	1:45	3.3	2:04	2.7	7:54	0.9	7:59	0.6	6:22	6:03	
10	Fri	2:44	3.3	3:03	2.7	8:50	1.0	8:54	0.6	6:21	6:04	
11	Sat	3:44	3.4	4:01	2.8	9:46	0.9	9:51	0.5	6:19	6:05	
12	Sun	4:40	3.5	4:56	3.1	10:40	0.8	10:46	0.3	6:18	6:06	
13	Mon	5:30	3.8	5:45	3.3	11:29	0.5	11:38	0.1	6:16	6:07	
14	Tue	6:16	4.0	6:32	3.7			12:15	0.2	6:15	6:08	
15	Wed	7:01	4.2	7:17	4.0	12:27	-0.2	12:58	-0.1	6:13	6:09	
16	Thu	7:45	4.3	8:03	4.3	1:15	-0.5	1:40	-0.3	6:12	6:10	
17	Fri	8:29	4.3	8:48	4.5	2:01	-0.7	2:22	-0.5	6:10	6:10	
18	Sat	9:14	4.3	9:35	4.7	2:48	-0.8	3:05	-0.6	6:09	6:11	
19	Sun	9:59	4.1	10:23	4.7	3:37	-0.8	3:50	-0.6	6:07	6:12	
20	Mon	10:46	3.9	11:13	4.6	4:28	-0.6	4:39	-0.5	6:06	6:13	
21	Tue	11:36	3.7			5:22	-0.4	5:31	-0.4	6:04	6:14	
22	Wed	12:07	4.4	12:30	3.4	6:21	-0.1	6:29	-0.2	6:03	6:15	
23	Thu	1:05	4.2	1:31	3.2	7:23	0.1	7:31	-0.1	6:01	6:16	
24	Fri	2:10	4.0	2:38	3.1	8:27	0.2	8:36	0.0	6:00	6:17	
25	Sat	3:20	3.9	3:48	3.1	9:32	0.2	9:42	-0.1	5:58	6:18	
26	Sun	4:27	3.9	4:52	3.3	10:35	0.1	10:47	-0.2	5:56	6:19	
27	Mon	5:26	3.9	5:48	3.5	11:31	0.0	11:47	-0.3	5:55	6:20	
28	Tue	6:18	3.9	6:37	3.8			12:20	-0.2	5:53	6:21	
29	Wed	7:04	3.9	7:22	4.0	12:39	-0.5	1:03	-0.3	5:52	6:22	
30	Thu	7:47	3.9	8:04	4.1	1:26	-0.5	1:42	-0.4	5:50	6:22	
31	Fri	8:28	3.8	8:45	4.2	2:09	-0.5	2:20	-0.3	5:49	6:23	