

Metompkin Inlet, VA - Jun 1995

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:15	3.3	11:35	4.2	5:01	0.4	4:54	0.4	5:42	8:17	
2	Fri	11:57	3.3			5:42	0.5	5:37	0.6	5:41	8:18	
3	Sat	12:16	4.1	12:40	3.3	6:24	0.6	6:24	0.7	5:41	8:19	
4	Sun	12:59	4.0	1:26	3.3	7:09	0.6	7:15	0.8	5:41	8:19	
5	Mon	1:44	3.9	2:17	3.4	7:55	0.6	8:09	0.8	5:41	8:20	
6	Tue	2:34	3.7	3:12	3.6	8:43	0.5	9:08	0.8	5:40	8:21	
7	Wed	3:29	3.7	4:09	3.9	9:33	0.4	10:08	0.6	5:40	8:21	
8	Thu	4:27	3.6	5:06	4.2	10:26	0.2	11:09	0.4	5:40	8:22	
9	Fri	5:25	3.7	6:02	4.6	11:20	-0.1			5:40	8:22	
10	Sat	6:22	3.7	6:57	4.9	12:10	0.1	12:15	-0.4	5:40	8:23	
11	Sun	7:17	3.8	7:51	5.2	1:08	-0.2	1:09	-0.6	5:40	8:23	
12	Mon	8:12	3.9	8:44	5.4	2:04	-0.5	2:03	-0.8	5:40	8:24	
13	Tue	9:07	3.9	9:38	5.4	2:58	-0.7	2:57	-1.0	5:40	8:24	
14	Wed	10:01	3.9	10:31	5.3	3:50	-0.8	3:50	-0.9	5:40	8:25	
15	Thu	10:56	3.9	11:24	5.1	4:43	-0.8	4:44	-0.8	5:40	8:25	
16	Fri	11:50	3.9			5:35	-0.6	5:40	-0.5	5:40	8:25	
17	Sat	12:16	4.7	12:45	3.8	6:29	-0.5	6:39	-0.2	5:40	8:26	
18	Sun	1:08	4.3	1:41	3.7	7:22	-0.3	7:39	0.1	5:40	8:26	
19	Mon	2:02	3.9	2:40	3.6	8:15	-0.1	8:41	0.3	5:40	8:26	
20	Tue	2:57	3.5	3:41	3.6	9:07	0.1	9:44	0.5	5:40	8:27	
21	Wed	3:55	3.3	4:41	3.7	9:58	0.2	10:46	0.7	5:40	8:27	
22	Thu	4:52	3.1	5:35	3.8	10:47	0.3	11:45	0.7	5:41	8:27	
23	Fri	5:45	3.0	6:22	3.9	11:35	0.3			5:41	8:27	
24	Sat	6:33	3.0	7:06	4.0	12:38	0.6	12:22	0.3	5:41	8:27	
25	Sun	7:17	3.1	7:48	4.2	1:24	0.5	1:06	0.3	5:41	8:27	
26	Mon	8:01	3.1	8:29	4.3	2:04	0.5	1:48	0.2	5:42	8:28	
27	Tue	8:43	3.2	9:10	4.4	2:42	0.4	2:28	0.2	5:42	8:28	
28	Wed	9:26	3.3	9:50	4.4	3:19	0.3	3:09	0.2	5:43	8:28	
29	Thu	10:08	3.4	10:30	4.4	3:56	0.3	3:49	0.2	5:43	8:28	
30	Fri	10:49	3.4	11:10	4.3	4:34	0.3	4:30	0.3	5:43	8:28	