

Metompkin Inlet, VA - Jul 1995

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	11:31	3.5	11:49	4.2	5:13	0.4	5:12	0.4	5:44	8:28	
2	Sun			12:13	3.5	5:54	0.4	5:58	0.5	5:44	8:27	
3	Mon	12:30	4.1	12:58	3.6	6:36	0.4	6:49	0.6	5:45	8:27	
4	Tue	1:13	3.9	1:46	3.7	7:21	0.4	7:43	0.7	5:45	8:27	
5	Wed	2:01	3.8	2:40	3.9	8:09	0.3	8:42	0.7	5:46	8:27	
6	Thu	2:56	3.6	3:39	4.1	9:00	0.2	9:43	0.6	5:46	8:27	
7	Fri	3:55	3.5	4:39	4.3	9:55	0.1	10:46	0.5	5:47	8:27	
8	Sat	4:57	3.5	5:39	4.6	10:52	-0.1	11:49	0.2	5:47	8:26	
9	Sun	5:57	3.6	6:37	4.9	11:51	-0.4			5:48	8:26	
10	Mon	6:56	3.7	7:33	5.1	12:50	-0.1	12:49	-0.6	5:49	8:26	
11	Tue	7:53	3.8	8:28	5.2	1:48	-0.3	1:46	-0.8	5:49	8:25	
12	Wed	8:48	3.9	9:21	5.3	2:41	-0.6	2:41	-1.0	5:50	8:25	
13	Thu	9:43	4.0	10:13	5.1	3:32	-0.7	3:34	-0.9	5:51	8:24	
14	Fri	10:36	4.1	11:03	4.9	4:22	-0.7	4:27	-0.8	5:51	8:24	
15	Sat	11:29	4.0	11:52	4.6	5:11	-0.6	5:21	-0.5	5:52	8:24	
16	Sun			12:20	4.0	6:00	-0.5	6:16	-0.2	5:53	8:23	
17	Mon	12:41	4.2	1:12	3.9	6:49	-0.2	7:13	0.2	5:53	8:22	
18	Tue	1:29	3.8	2:05	3.8	7:38	0.0	8:11	0.5	5:54	8:22	
19	Wed	2:20	3.4	3:01	3.7	8:27	0.2	9:10	0.7	5:55	8:21	
20	Thu	3:14	3.1	3:59	3.7	9:17	0.4	10:09	0.9	5:56	8:21	
21	Fri	4:11	3.0	4:57	3.7	10:07	0.5	11:09	1.0	5:56	8:20	
22	Sat	5:07	2.9	5:49	3.8	10:57	0.6			5:57	8:19	
23	Sun	5:59	2.9	6:37	4.0	12:04	0.9	11:47 AM	0.5	5:58	8:19	
24	Mon	6:47	3.1	7:21	4.1	12:53	0.8	12:35	0.4	5:59	8:18	
25	Tue	7:32	3.2	8:03	4.3	1:34	0.7	1:20	0.3	6:00	8:17	
26	Wed	8:16	3.4	8:44	4.4	2:13	0.6	2:03	0.2	6:00	8:16	
27	Thu	8:59	3.5	9:24	4.5	2:50	0.4	2:45	0.2	6:01	8:16	
28	Fri	9:41	3.7	10:04	4.5	3:27	0.3	3:26	0.1	6:02	8:15	
29	Sat	10:22	3.8	10:43	4.5	4:04	0.3	4:07	0.2	6:03	8:14	
30	Sun	11:04	3.9	11:23	4.4	4:42	0.2	4:50	0.3	6:04	8:13	
31	Mon	11:46	4.0			5:22	0.2	5:37	0.4	6:05	8:12	