

Metompkin Inlet, VA - Aug 1995

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:03	4.2	12:31	4.1	6:04	0.2	6:27	0.5	6:05	8:11	
2	Wed	12:47	4.0	1:19	4.1	6:50	0.3	7:22	0.6	6:06	8:10	
3	Thu	1:35	3.8	2:13	4.2	7:39	0.3	8:21	0.7	6:07	8:09	
4	Fri	2:30	3.6	3:13	4.3	8:33	0.2	9:24	0.7	6:08	8:08	
5	Sat	3:31	3.4	4:17	4.4	9:31	0.2	10:28	0.6	6:09	8:07	
6	Sun	4:36	3.4	5:21	4.6	10:32	0.0	11:33	0.4	6:10	8:06	
7	Mon	5:40	3.5	6:22	4.8	11:34	-0.2			6:10	8:05	
8	Tue	6:41	3.7	7:18	5.0	12:34	0.1	12:35	-0.4	6:11	8:04	
9	Wed	7:38	3.9	8:12	5.1	1:31	-0.2	1:33	-0.6	6:12	8:03	
10	Thu	8:32	4.1	9:03	5.0	2:22	-0.4	2:27	-0.8	6:13	8:01	
11	Fri	9:24	4.2	9:52	4.9	3:10	-0.5	3:19	-0.8	6:14	8:00	
12	Sat	10:14	4.3	10:39	4.7	3:56	-0.6	4:09	-0.6	6:15	7:59	
13	Sun	11:03	4.3	11:25	4.4	4:41	-0.5	4:59	-0.4	6:16	7:58	
14	Mon	11:50	4.2			5:26	-0.3	5:50	0.0	6:16	7:57	
15	Tue	12:10	4.0	12:38	4.1	6:11	0.0	6:42	0.3	6:17	7:55	
16	Wed	12:55	3.7	1:27	4.0	6:57	0.2	7:36	0.7	6:18	7:54	
17	Thu	1:42	3.4	2:18	3.8	7:45	0.5	8:31	1.0	6:19	7:53	
18	Fri	2:33	3.1	3:15	3.7	8:34	0.7	9:28	1.2	6:20	7:52	
19	Sat	3:30	3.0	4:14	3.7	9:26	0.8	10:26	1.2	6:21	7:50	
20	Sun	4:28	3.0	5:12	3.8	10:19	0.9	11:22	1.2	6:22	7:49	
21	Mon	5:25	3.0	6:04	4.0	11:13	0.8			6:22	7:48	
22	Tue	6:16	3.2	6:50	4.1	12:13	1.1	12:04	0.7	6:23	7:46	
23	Wed	7:03	3.4	7:33	4.3	12:58	0.9	12:52	0.5	6:24	7:45	
24	Thu	7:47	3.7	8:15	4.5	1:38	0.7	1:37	0.4	6:25	7:44	
25	Fri	8:30	3.9	8:55	4.6	2:16	0.5	2:20	0.2	6:26	7:42	
26	Sat	9:12	4.1	9:35	4.6	2:54	0.3	3:03	0.1	6:27	7:41	
27	Sun	9:54	4.3	10:16	4.6	3:32	0.2	3:46	0.1	6:28	7:39	
28	Mon	10:37	4.5	10:57	4.5	4:11	0.1	4:30	0.1	6:28	7:38	
29	Tue	11:20	4.6	11:39	4.3	4:51	0.1	5:18	0.2	6:29	7:36	
30	Wed			12:06	4.6	5:35	0.1	6:09	0.4	6:30	7:35	
31	Thu	12:25	4.1	12:56	4.6	6:22	0.2	7:05	0.5	6:31	7:34	