

Metompkin Inlet, VA - Nov 1995

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	3:01	3.6	3:31	4.0	8:55	0.4	9:39	0.3	6:27	5:04	
2	Thu	4:08	3.7	4:31	3.9	10:02	0.4	10:34	0.2	6:28	5:03	
3	Fri	5:06	4.0	5:25	3.9	11:04	0.3	11:23	0.1	6:29	5:02	
4	Sat	5:55	4.2	6:12	3.8	11:59	0.2			6:30	5:01	
5	Sun	6:39	4.4	6:55	3.8	12:08	0.0	12:48	0.1	6:31	5:00	
6	Mon	7:21	4.5	7:37	3.7	12:50	-0.1	1:31	0.0	6:32	4:59	
7	Tue	8:02	4.6	8:18	3.6	1:29	-0.1	2:12	0.1	6:33	4:58	
8	Wed	8:42	4.6	8:59	3.6	2:07	0.0	2:51	0.2	6:34	4:57	
9	Thu	9:23	4.5	9:40	3.5	2:45	0.1	3:31	0.3	6:35	4:56	
10	Fri	10:04	4.4	10:22	3.4	3:24	0.2	4:12	0.5	6:36	4:55	
11	Sat	10:46	4.3	11:05	3.2	4:05	0.4	4:55	0.7	6:37	4:54	
12	Sun	11:30	4.1	11:50	3.2	4:48	0.7	5:40	0.9	6:38	4:54	
13	Mon			12:15	3.9	5:35	0.9	6:27	1.0	6:39	4:53	
14	Tue	12:39	3.1	1:04	3.8	6:27	1.0	7:16	1.0	6:41	4:52	
15	Wed	1:32	3.1	1:56	3.7	7:22	1.1	8:05	1.0	6:42	4:51	
16	Thu	2:29	3.3	2:51	3.7	8:19	1.1	8:54	0.8	6:43	4:51	
17	Fri	3:26	3.5	3:45	3.7	9:16	0.9	9:44	0.6	6:44	4:50	
18	Sat	4:20	3.9	4:38	3.8	10:14	0.7	10:33	0.3	6:45	4:49	
19	Sun	5:11	4.3	5:29	3.9	11:10	0.4	11:22	0.0	6:46	4:49	
20	Mon	6:00	4.7	6:18	4.0			12:04	0.1	6:47	4:48	
21	Tue	6:49	5.0	7:08	4.1	12:11	-0.3	12:57	-0.2	6:48	4:47	
22	Wed	7:39	5.3	7:58	4.1	1:00	-0.6	1:48	-0.5	6:49	4:47	
23	Thu	8:29	5.4	8:50	4.0	1:49	-0.8	2:39	-0.6	6:50	4:46	
24	Fri	9:21	5.4	9:42	4.0	2:39	-0.9	3:31	-0.6	6:51	4:46	
25	Sat	10:13	5.2	10:36	3.8	3:31	-0.8	4:24	-0.5	6:52	4:46	
26	Sun	11:06	5.0	11:31	3.7	4:26	-0.6	5:20	-0.3	6:53	4:45	
27	Mon			12:01	4.6	5:24	-0.3	6:18	-0.2	6:54	4:45	
28	Tue	12:30	3.6	12:59	4.2	6:27	-0.1	7:16	-0.1	6:55	4:45	
29	Wed	1:34	3.5	1:59	3.9	7:32	0.1	8:13	0.0	6:56	4:44	
30	Thu	2:41	3.5	3:02	3.6	8:38	0.3	9:09	0.0	6:57	4:44	