

Metompkin Inlet, VA - May 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:34	3.9	7:57	4.5	1:14	0.2	1:24	0.1	6:06	7:52	
2	Thu	8:19	3.9	8:42	4.8	2:01	-0.1	2:08	-0.2	6:04	7:53	
3	Fri	9:05	4.0	9:28	5.0	2:48	-0.3	2:53	-0.3	6:03	7:54	
4	Sat	9:52	4.0	10:15	5.1	3:35	-0.4	3:38	-0.4	6:02	7:55	
5	Sun	10:40	3.9	11:04	5.0	4:24	-0.5	4:26	-0.4	6:01	7:56	
6	Mon	11:29	3.8	11:55	4.9	5:14	-0.4	5:16	-0.3	6:00	7:57	
7	Tue			12:21	3.7	6:08	-0.3	6:11	-0.2	5:59	7:58	
8	Wed	12:48	4.7	1:17	3.6	7:05	-0.1	7:11	0.0	5:58	7:59	
9	Thu	1:45	4.4	2:18	3.5	8:03	0.0	8:14	0.1	5:57	8:00	
10	Fri	2:46	4.2	3:23	3.5	9:02	0.0	9:20	0.2	5:56	8:00	
11	Sat	3:50	3.9	4:29	3.7	10:00	0.0	10:26	0.2	5:55	8:01	
12	Sun	4:54	3.8	5:31	3.9	10:57	0.0	11:31	0.1	5:54	8:02	
13	Mon	5:53	3.7	6:26	4.1	11:51	-0.1			5:53	8:03	
14	Tue	6:46	3.6	7:15	4.3	12:32	0.0	12:41	-0.2	5:52	8:04	
15	Wed	7:34	3.6	8:01	4.4	1:26	-0.1	1:28	-0.3	5:52	8:05	
16	Thu	8:20	3.5	8:45	4.5	2:14	-0.2	2:11	-0.3	5:51	8:06	
17	Fri	9:04	3.5	9:27	4.5	2:58	-0.2	2:52	-0.2	5:50	8:06	
18	Sat	9:47	3.4	10:09	4.5	3:40	-0.2	3:33	-0.1	5:49	8:07	
19	Sun	10:30	3.4	10:51	4.4	4:21	-0.1	4:13	0.0	5:49	8:08	
20	Mon	11:12	3.3	11:33	4.2	5:01	0.1	4:55	0.2	5:48	8:09	
21	Tue	11:55	3.2			5:44	0.3	5:38	0.4	5:47	8:10	
22	Wed	12:16	4.1	12:40	3.2	6:27	0.5	6:25	0.7	5:47	8:11	
23	Thu	1:00	3.9	1:26	3.1	7:12	0.7	7:14	0.8	5:46	8:11	
24	Fri	1:47	3.7	2:16	3.1	7:58	0.8	8:06	1.0	5:45	8:12	
25	Sat	2:36	3.6	3:10	3.2	8:45	0.8	9:01	1.0	5:45	8:13	
26	Sun	3:29	3.5	4:05	3.4	9:32	0.8	9:57	1.0	5:44	8:14	
27	Mon	4:23	3.5	4:59	3.7	10:20	0.6	10:53	0.8	5:44	8:14	
28	Tue	5:17	3.5	5:50	4.0	11:09	0.4	11:49	0.6	5:43	8:15	
29	Wed	6:08	3.6	6:39	4.4	11:59	0.2			5:43	8:16	
30	Thu	6:58	3.7	7:27	4.7	12:43	0.3	12:48	-0.1	5:42	8:17	
31	Fri	7:47	3.8	8:16	5.0	1:36	0.0	1:37	-0.3	5:42	8:17	