

Metompkin Inlet, VA - Jun 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	8:38	3.9	9:06	5.2	2:26	-0.3	2:26	-0.5	5:42	8:18	
2	Sun	9:29	3.9	9:57	5.3	3:17	-0.5	3:16	-0.7	5:41	8:19	
3	Mon	10:20	3.9	10:48	5.2	4:07	-0.6	4:07	-0.7	5:41	8:19	
4	Tue	11:13	3.9	11:40	5.1	4:59	-0.6	5:01	-0.6	5:41	8:20	
5	Wed			12:07	3.9	5:52	-0.5	5:57	-0.4	5:40	8:20	
6	Thu	12:33	4.8	1:03	3.8	6:47	-0.4	6:57	-0.2	5:40	8:21	
7	Fri	1:28	4.5	2:03	3.7	7:43	-0.3	8:00	0.0	5:40	8:22	
8	Sat	2:26	4.1	3:06	3.7	8:40	-0.2	9:05	0.2	5:40	8:22	
9	Sun	3:26	3.8	4:11	3.8	9:35	-0.1	10:10	0.3	5:40	8:23	
10	Mon	4:28	3.5	5:12	3.9	10:30	-0.1	11:15	0.3	5:40	8:23	
11	Tue	5:27	3.3	6:07	4.1	11:23	0.0			5:40	8:24	
12	Wed	6:21	3.3	6:56	4.2	12:17	0.3	12:13	0.0	5:40	8:24	
13	Thu	7:10	3.2	7:40	4.3	1:11	0.2	1:00	-0.1	5:40	8:24	
14	Fri	7:55	3.2	8:23	4.4	1:58	0.1	1:45	-0.1	5:40	8:25	
15	Sat	8:38	3.2	9:05	4.4	2:40	0.1	2:26	-0.1	5:40	8:25	
16	Sun	9:21	3.3	9:46	4.4	3:19	0.1	3:07	0.0	5:40	8:26	
17	Mon	10:04	3.3	10:27	4.3	3:57	0.1	3:47	0.1	5:40	8:26	
18	Tue	10:46	3.3	11:07	4.3	4:35	0.2	4:27	0.2	5:40	8:26	
19	Wed	11:28	3.3	11:48	4.1	5:14	0.3	5:09	0.4	5:40	8:26	
20	Thu			12:11	3.3	5:54	0.4	5:53	0.6	5:40	8:27	
21	Fri	12:29	4.0	12:54	3.3	6:36	0.6	6:40	0.8	5:41	8:27	
22	Sat	1:11	3.8	1:41	3.4	7:19	0.6	7:31	0.9	5:41	8:27	
23	Sun	1:56	3.6	2:30	3.4	8:03	0.6	8:24	1.0	5:41	8:27	
24	Mon	2:45	3.5	3:24	3.6	8:49	0.6	9:20	0.9	5:41	8:27	
25	Tue	3:38	3.4	4:19	3.9	9:38	0.5	10:18	0.8	5:42	8:28	
26	Wed	4:35	3.4	5:14	4.2	10:29	0.3	11:17	0.6	5:42	8:28	
27	Thu	5:31	3.5	6:08	4.5	11:23	0.1			5:42	8:28	
28	Fri	6:26	3.6	7:01	4.8	12:15	0.3	12:17	-0.2	5:43	8:28	
29	Sat	7:20	3.7	7:53	5.1	1:12	0.0	1:11	-0.5	5:43	8:28	
30	Sun	8:14	3.9	8:46	5.3	2:06	-0.3	2:05	-0.7	5:44	8:28	