

Metompkin Inlet, VA - Sep 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	11:55	4.7			5:25	-0.4	5:59	-0.1	6:32	7:31	
2	Mon	12:15	4.1	12:45	4.5	6:14	-0.1	6:55	0.3	6:33	7:29	
3	Tue	1:04	3.7	1:37	4.2	7:04	0.2	7:52	0.6	6:34	7:28	
4	Wed	1:56	3.4	2:34	4.0	7:57	0.5	8:52	0.9	6:35	7:26	
5	Thu	2:53	3.1	3:35	3.9	8:52	0.7	9:54	1.1	6:36	7:25	
6	Fri	3:54	3.0	4:38	3.8	9:49	0.9	10:54	1.1	6:37	7:23	
7	Sat	4:56	3.1	5:35	3.9	10:45	0.9	11:48	1.1	6:37	7:22	
8	Sun	5:50	3.2	6:24	4.0	11:39	0.8			6:38	7:20	
9	Mon	6:38	3.4	7:07	4.1	12:34	1.0	12:28	0.7	6:39	7:19	
10	Tue	7:21	3.6	7:47	4.3	1:13	0.8	1:13	0.6	6:40	7:17	
11	Wed	8:02	3.9	8:26	4.4	1:49	0.7	1:55	0.4	6:41	7:16	
12	Thu	8:42	4.1	9:04	4.4	2:24	0.5	2:35	0.3	6:42	7:14	
13	Fri	9:22	4.3	9:43	4.4	2:59	0.4	3:15	0.3	6:42	7:13	
14	Sat	10:02	4.4	10:22	4.3	3:35	0.4	3:56	0.3	6:43	7:11	
15	Sun	10:42	4.5	11:01	4.2	4:12	0.4	4:38	0.4	6:44	7:10	
16	Mon	11:23	4.5	11:41	4.0	4:50	0.4	5:22	0.5	6:45	7:08	
17	Tue			12:07	4.6	5:32	0.5	6:11	0.7	6:46	7:07	
18	Wed	12:25	3.9	12:55	4.5	6:19	0.6	7:05	0.8	6:47	7:05	
19	Thu	1:14	3.7	1:48	4.5	7:11	0.6	8:04	0.9	6:48	7:03	
20	Fri	2:10	3.5	2:49	4.4	8:09	0.6	9:05	0.9	6:48	7:02	
21	Sat	3:14	3.5	3:55	4.5	9:11	0.6	10:08	0.7	6:49	7:00	
22	Sun	4:22	3.6	5:00	4.6	10:16	0.4	11:10	0.5	6:50	6:59	
23	Mon	5:26	3.8	6:01	4.7	11:20	0.2			6:51	6:57	
24	Tue	6:26	4.2	6:56	4.8	12:08	0.2	12:22	-0.1	6:52	6:56	
25	Wed	7:21	4.5	7:49	4.9	1:02	-0.1	1:21	-0.4	6:53	6:54	
26	Thu	8:13	4.8	8:39	4.8	1:51	-0.4	2:15	-0.6	6:53	6:53	
27	Fri	9:03	4.9	9:27	4.7	2:38	-0.5	3:06	-0.6	6:54	6:51	
28	Sat	9:52	5.0	10:14	4.5	3:24	-0.6	3:56	-0.5	6:55	6:49	
29	Sun	10:39	5.0	11:01	4.2	4:08	-0.4	4:45	-0.3	6:56	6:48	
30	Mon	11:27	4.8	11:47	3.9	4:53	-0.2	5:35	0.0	6:57	6:46	