

Metompkin Inlet, VA - Oct 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue			12:14	4.6	5:39	0.1	6:26	0.4	6:58	6:45	
2	Wed	12:34	3.6	1:03	4.3	6:28	0.4	7:20	0.7	6:59	6:43	
3	Thu	1:24	3.3	1:55	4.0	7:20	0.7	8:16	1.0	7:00	6:42	
4	Fri	2:18	3.1	2:52	3.9	8:14	1.0	9:13	1.2	7:01	6:40	
5	Sat	3:17	3.1	3:53	3.8	9:11	1.1	10:08	1.2	7:01	6:39	
6	Sun	4:19	3.1	4:51	3.8	10:08	1.1	11:00	1.2	7:02	6:37	
7	Mon	5:16	3.3	5:43	3.9	11:04	1.1	11:47	1.1	7:03	6:36	
8	Tue	6:05	3.6	6:29	4.0	11:55	0.9			7:04	6:34	
9	Wed	6:49	3.9	7:11	4.1	12:28	0.9	12:43	0.7	7:05	6:33	
10	Thu	7:31	4.1	7:51	4.2	1:08	0.7	1:27	0.5	7:06	6:32	
11	Fri	8:12	4.4	8:32	4.3	1:46	0.5	2:10	0.4	7:07	6:30	
12	Sat	8:53	4.6	9:12	4.3	2:23	0.3	2:51	0.3	7:08	6:29	
13	Sun	9:34	4.8	9:53	4.2	3:02	0.2	3:34	0.2	7:09	6:27	
14	Mon	10:16	4.9	10:35	4.1	3:41	0.2	4:18	0.2	7:10	6:26	
15	Tue	10:59	4.9	11:19	4.0	4:22	0.2	5:04	0.3	7:11	6:24	
16	Wed	11:46	4.9			5:07	0.3	5:54	0.4	7:12	6:23	
17	Thu	12:06	3.8	12:35	4.8	5:56	0.4	6:49	0.6	7:13	6:22	
18	Fri	12:58	3.7	1:30	4.6	6:52	0.5	7:48	0.6	7:14	6:20	
19	Sat	1:56	3.6	2:30	4.5	7:53	0.5	8:49	0.6	7:14	6:19	
20	Sun	3:00	3.6	3:35	4.4	8:57	0.5	9:49	0.5	7:15	6:18	
21	Mon	4:08	3.7	4:40	4.4	10:03	0.4	10:49	0.3	7:16	6:16	
22	Tue	5:14	3.9	5:41	4.4	11:08	0.2	11:45	0.1	7:17	6:15	
23	Wed	6:12	4.2	6:37	4.4			12:11	0.0	7:18	6:14	
24	Thu	7:06	4.5	7:28	4.3	12:38	-0.2	1:09	-0.2	7:19	6:13	
25	Fri	7:56	4.8	8:17	4.3	1:27	-0.4	2:02	-0.4	7:20	6:11	
26	Sat	8:43	4.9	9:04	4.1	2:13	-0.5	2:51	-0.4	7:21	6:10	
27	Sun	8:30	5.0	8:49	4.0	1:57	-0.5	2:38	-0.3	6:22	5:09	
28	Mon	9:15	4.9	9:34	3.8	2:40	-0.4	3:24	-0.2	6:23	5:08	
29	Tue	10:00	4.7	10:19	3.6	3:23	-0.2	4:10	0.1	6:24	5:07	
30	Wed	10:45	4.5	11:05	3.4	4:07	0.1	4:58	0.4	6:26	5:06	
31	Thu	11:31	4.3	11:52	3.2	4:53	0.4	5:47	0.7	6:27	5:04	