

Metompkin Inlet, VA - Dec 1996

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:08	3.1	12:31	3.7	5:57	0.7	6:44	0.7	6:59	4:44	
2	Mon	12:58	3.0	1:20	3.5	6:49	0.9	7:31	0.8	7:00	4:43	
3	Tue	1:52	3.1	2:12	3.4	7:43	1.0	8:18	0.7	7:01	4:43	
4	Wed	2:48	3.2	3:05	3.3	8:39	1.0	9:05	0.6	7:01	4:43	
5	Thu	3:43	3.4	3:58	3.3	9:35	0.9	9:53	0.5	7:02	4:43	
6	Fri	4:35	3.8	4:49	3.4	10:30	0.7	10:41	0.2	7:03	4:43	
7	Sat	5:23	4.1	5:38	3.5	11:24	0.4	11:29	0.0	7:04	4:43	
8	Sun	6:10	4.4	6:26	3.6			12:15	0.2	7:05	4:43	
9	Mon	6:57	4.7	7:14	3.7	12:17	-0.3	1:05	-0.1	7:06	4:43	
10	Tue	7:45	4.9	8:03	3.8	1:04	-0.5	1:53	-0.4	7:06	4:43	
11	Wed	8:33	5.1	8:52	3.8	1:52	-0.7	2:42	-0.5	7:07	4:44	
12	Thu	9:23	5.1	9:43	3.8	2:41	-0.8	3:31	-0.6	7:08	4:44	
13	Fri	10:13	5.0	10:36	3.8	3:32	-0.8	4:22	-0.5	7:09	4:44	
14	Sat	11:04	4.8	11:30	3.7	4:26	-0.7	5:16	-0.5	7:09	4:44	
15	Sun	11:57	4.5			5:23	-0.5	6:11	-0.4	7:10	4:45	
16	Mon	12:27	3.6	12:53	4.1	6:24	-0.2	7:07	-0.3	7:11	4:45	
17	Tue	1:29	3.6	1:52	3.8	7:29	0.0	8:03	-0.3	7:11	4:45	
18	Wed	2:34	3.6	2:54	3.5	8:34	0.1	8:59	-0.3	7:12	4:46	
19	Thu	3:39	3.7	3:56	3.3	9:41	0.1	9:55	-0.3	7:12	4:46	
20	Fri	4:40	3.9	4:54	3.1	10:46	0.1	10:49	-0.4	7:13	4:47	
21	Sat	5:35	4.0	5:47	3.1	11:46	0.0	11:40	-0.4	7:14	4:47	
22	Sun	6:23	4.1	6:35	3.1			12:38	-0.1	7:14	4:48	
23	Mon	7:08	4.2	7:20	3.1	12:27	-0.5	1:23	-0.2	7:14	4:48	
24	Tue	7:51	4.2	8:03	3.1	1:11	-0.5	2:04	-0.2	7:15	4:49	
25	Wed	8:32	4.2	8:46	3.1	1:53	-0.5	2:43	-0.2	7:15	4:49	
26	Thu	9:13	4.2	9:28	3.2	2:33	-0.4	3:21	-0.1	7:16	4:50	
27	Fri	9:53	4.1	10:10	3.1	3:13	-0.3	3:59	0.0	7:16	4:51	
28	Sat	10:34	4.0	10:								