

Metompkin Inlet, VA - May 1997

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:02	4.1	4:37	3.7	10:12	0.1	10:33	0.1	6:06	7:52	
2	Fri	5:05	4.1	5:38	4.0	11:10	-0.1	11:38	-0.1	6:05	7:53	
3	Sat	6:04	4.1	6:35	4.3			12:05	-0.3	6:04	7:54	
4	Sun	7:00	4.1	7:28	4.6	12:39	-0.4	12:58	-0.5	6:02	7:55	
5	Mon	7:52	4.0	8:19	4.8	1:36	-0.6	1:47	-0.7	6:01	7:56	
6	Tue	8:42	4.0	9:08	4.9	2:29	-0.7	2:35	-0.7	6:00	7:57	
7	Wed	9:31	3.9	9:56	4.9	3:19	-0.7	3:21	-0.7	5:59	7:57	
8	Thu	10:19	3.7	10:43	4.7	4:07	-0.6	4:06	-0.5	5:58	7:58	
9	Fri	11:06	3.6	11:29	4.5	4:55	-0.4	4:52	-0.3	5:57	7:59	
10	Sat	11:52	3.4			5:42	-0.2	5:40	0.0	5:56	8:00	
11	Sun	12:15	4.3	12:40	3.2	6:31	0.1	6:29	0.3	5:55	8:01	
12	Mon	1:03	4.0	1:29	3.1	7:21	0.4	7:21	0.6	5:54	8:02	
13	Tue	1:52	3.7	2:22	3.0	8:11	0.6	8:16	0.8	5:54	8:03	
14	Wed	2:45	3.5	3:18	3.0	9:01	0.7	9:11	0.9	5:53	8:04	
15	Thu	3:41	3.4	4:15	3.2	9:49	0.8	10:07	0.9	5:52	8:05	
16	Fri	4:36	3.4	5:09	3.4	10:36	0.8	11:02	0.9	5:51	8:05	
17	Sat	5:28	3.4	5:57	3.7	11:22	0.7	11:55	0.7	5:50	8:06	
18	Sun	6:16	3.4	6:42	3.9			12:06	0.5	5:49	8:07	
19	Mon	7:01	3.5	7:26	4.2	12:44	0.5	12:50	0.4	5:49	8:08	
20	Tue	7:45	3.6	8:08	4.5	1:30	0.3	1:32	0.2	5:48	8:09	
21	Wed	8:28	3.7	8:51	4.7	2:14	0.1	2:14	0.0	5:47	8:10	
22	Thu	9:12	3.7	9:35	4.8	2:58	0.0	2:57	-0.1	5:47	8:10	
23	Fri	9:57	3.7	10:20	4.9	3:43	-0.1	3:41	-0.1	5:46	8:11	
24	Sat	10:43	3.7	11:07	4.9	4:29	-0.1	4:27	-0.1	5:45	8:12	
25	Sun	11:31	3.7	11:55	4.8	5:17	-0.1	5:16	-0.1	5:45	8:13	
26	Mon			12:21	3.6	6:08	-0.1	6:10	0.0	5:44	8:14	
27	Tue	12:46	4.6	1:15	3.6	7:01	0.0	7:08	0.2	5:44	8:14	
28	Wed	1:40	4.4	2:14	3.6	7:57	0.0	8:10	0.2	5:43	8:15	
29	Thu	2:38	4.2	3:17	3.7	8:53	0.0	9:14	0.3	5:43	8:16	
30	Fri	3:40	4.0	4:21	3.9	9:49	-0.1	10:19	0.2	5:42	8:16	
31	Sat	4:42	3.8	5:22	4.1	10:45	-0.2	11:24	0.1	5:42	8:17	