

Metompkin Inlet, VA - Mar 1998

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:25	4.4	10:50	4.4	3:58	-1.2	4:23	-1.0	6:33	5:55	
2	Mon	11:15	4.1	11:43	4.3	4:52	-1.0	5:14	-0.8	6:32	5:56	
3	Tue			12:07	3.7	5:50	-0.6	6:07	-0.6	6:30	5:57	
4	Wed	12:38	4.1	1:02	3.3	6:51	-0.3	7:04	-0.4	6:29	5:58	
5	Thu	1:39	3.9	2:03	3.0	7:55	0.0	8:03	-0.2	6:27	5:59	
6	Fri	2:46	3.7	3:10	2.8	9:01	0.2	9:05	0.0	6:26	6:00	
7	Sat	3:55	3.6	4:17	2.8	10:09	0.3	10:09	0.0	6:25	6:01	
8	Sun	5:00	3.6	5:16	2.9	11:12	0.3	11:08	-0.1	6:23	6:02	
9	Mon	5:53	3.7	6:06	3.0			12:05	0.2	6:22	6:03	
10	Tue	6:39	3.8	6:49	3.2	12:01	-0.2	12:47	0.1	6:20	6:04	
11	Wed	7:19	3.8	7:30	3.4	12:47	-0.3	1:23	0.0	6:19	6:05	
12	Thu	7:57	3.9	8:09	3.6	1:28	-0.3	1:57	-0.1	6:17	6:06	
13	Fri	8:35	3.9	8:48	3.7	2:06	-0.4	2:30	-0.1	6:16	6:07	
14	Sat	9:12	3.8	9:26	3.8	2:44	-0.3	3:04	0.0	6:14	6:08	
15	Sun	9:50	3.7	10:05	3.8	3:22	-0.2	3:38	0.1	6:13	6:09	
16	Mon	10:27	3.6	10:44	3.8	4:01	0.0	4:15	0.2	6:11	6:10	
17	Tue	11:05	3.4	11:24	3.8	4:42	0.2	4:53	0.3	6:10	6:11	
18	Wed	11:45	3.3			5:26	0.4	5:34	0.5	6:08	6:12	
19	Thu	12:07	3.7	12:28	3.1	6:14	0.6	6:21	0.6	6:07	6:13	
20	Fri	12:56	3.6	1:18	3.0	7:06	0.7	7:13	0.6	6:05	6:14	
21	Sat	1:52	3.7	2:16	3.0	8:03	0.8	8:10	0.6	6:04	6:14	
22	Sun	2:53	3.7	3:18	3.1	9:02	0.7	9:10	0.4	6:02	6:15	
23	Mon	3:56	3.9	4:20	3.3	10:02	0.5	10:12	0.1	6:01	6:16	
24	Tue	4:55	4.2	5:17	3.6	11:00	0.2	11:12	-0.3	5:59	6:17	
25	Wed	5:50	4.4	6:12	4.0	11:54	-0.2			5:58	6:18	
26	Thu	6:43	4.6	7:04	4.4	12:10	-0.7	12:45	-0.6	5:56	6:19	
27	Fri	7:34	4.7	7:56	4.7	1:05	-1.0	1:33	-0.9	5:55	6:20	
28	Sat	8:25	4.7	8:47	4.9	1:58	-1.2	2:21	-1.0	5:53	6:21	
29	Sun	9:15	4.5	9:38	4.9	2:50	-1.3	3:08	-1.1	5:52	6:22	
30	Mon	10:05	4.3	10:29	4.9	3:43	-1.1	3:57	-0.9	5:50	6:23	
31	Tue	10:55	4.0	11:21	4.6	4:37	-0.9	4:48	-0.7	5:49	6:24	