

Metompkin Inlet, VA - Jun 1998

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	2:10	3.8	2:44	3.1	8:30	0.4	8:39	0.7	5:42	8:18	
2	Tue	3:04	3.5	3:42	3.2	9:19	0.5	9:37	0.8	5:41	8:18	
3	Wed	4:00	3.3	4:38	3.3	10:06	0.6	10:34	0.9	5:41	8:19	
4	Thu	4:54	3.2	5:29	3.5	10:52	0.6	11:28	0.8	5:41	8:20	
5	Fri	5:44	3.2	6:15	3.8	11:36	0.6			5:41	8:20	
6	Sat	6:30	3.3	6:58	4.0	12:19	0.7	12:19	0.5	5:40	8:21	
7	Sun	7:14	3.3	7:40	4.2	1:06	0.6	1:01	0.4	5:40	8:21	
8	Mon	7:57	3.4	8:22	4.4	1:49	0.4	1:43	0.2	5:40	8:22	
9	Tue	8:40	3.4	9:04	4.6	2:30	0.3	2:24	0.2	5:40	8:22	
10	Wed	9:23	3.5	9:46	4.6	3:12	0.2	3:05	0.1	5:40	8:23	
11	Thu	10:07	3.5	10:29	4.7	3:53	0.1	3:47	0.1	5:40	8:23	
12	Fri	10:50	3.5	11:12	4.7	4:36	0.1	4:31	0.1	5:40	8:24	
13	Sat	11:36	3.5	11:57	4.6	5:21	0.1	5:18	0.2	5:40	8:24	
14	Sun			12:23	3.5	6:09	0.1	6:10	0.3	5:40	8:25	
15	Mon	12:45	4.5	1:14	3.6	6:59	0.2	7:06	0.3	5:40	8:25	
16	Tue	1:36	4.3	2:10	3.7	7:51	0.1	8:06	0.4	5:40	8:25	
17	Wed	2:31	4.1	3:10	3.8	8:44	0.1	9:09	0.4	5:40	8:26	
18	Thu	3:31	3.9	4:12	4.0	9:38	-0.1	10:13	0.3	5:40	8:26	
19	Fri	4:32	3.8	5:13	4.3	10:34	-0.2	11:18	0.1	5:40	8:26	
20	Sat	5:33	3.7	6:11	4.6	11:29	-0.3			5:40	8:27	
21	Sun	6:30	3.6	7:06	4.8	12:21	-0.1	12:25	-0.5	5:40	8:27	
22	Mon	7:25	3.6	7:59	4.9	1:20	-0.3	1:18	-0.6	5:41	8:27	
23	Tue	8:19	3.6	8:50	5.0	2:15	-0.5	2:10	-0.7	5:41	8:27	
24	Wed	9:11	3.6	9:40	4.9	3:05	-0.5	3:00	-0.7	5:41	8:27	
25	Thu	10:01	3.6	10:28	4.8	3:54	-0.5	3:48	-0.6	5:42	8:27	
26	Fri	10:50	3.5	11:15	4.6	4:41	-0.4	4:37	-0.4	5:42	8:28	
27	Sat	11:38	3.5			5:28	-0.2	5:25	-0.1	5:42	8:28	
28	Sun	12:01	4.3	12:25	3.4	6:14	0.0	6:15	0.2	5:43	8:28	
29	Mon	12:46	4.0	1:14	3.3	7:00	0.2	7:07	0.5	5:43	8:28	
30	Tue	1:32	3.7	2:04	3.3	7:46	0.4	8:00	0.7	5:43	8:28	