

Metompkin Inlet, VA - Jul 1998

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	2:21	3.5	2:56	3.3	8:31	0.5	8:54	0.9	5:44	8:28	
2	Thu	3:12	3.3	3:51	3.4	9:16	0.6	9:49	1.0	5:44	8:27	
3	Fri	4:05	3.1	4:45	3.6	10:02	0.7	10:44	1.0	5:45	8:27	
4	Sat	4:58	3.1	5:36	3.8	10:49	0.6	11:38	0.9	5:45	8:27	
5	Sun	5:49	3.1	6:23	4.0	11:36	0.6			5:46	8:27	
6	Mon	6:37	3.2	7:09	4.3	12:30	0.8	12:24	0.4	5:46	8:27	
7	Tue	7:24	3.3	7:53	4.5	1:17	0.6	1:10	0.3	5:47	8:26	
8	Wed	8:10	3.5	8:38	4.7	2:02	0.4	1:55	0.1	5:48	8:26	
9	Thu	8:55	3.6	9:22	4.8	2:46	0.2	2:40	-0.1	5:48	8:26	
10	Fri	9:41	3.7	10:07	4.9	3:29	0.0	3:26	-0.2	5:49	8:26	
11	Sat	10:28	3.8	10:52	4.9	4:13	-0.1	4:12	-0.2	5:50	8:25	
12	Sun	11:15	3.9	11:38	4.8	4:59	-0.1	5:02	-0.1	5:50	8:25	
13	Mon			12:04	3.9	5:46	-0.1	5:54	0.0	5:51	8:24	
14	Tue	12:26	4.6	12:56	4.0	6:35	-0.1	6:51	0.1	5:52	8:24	
15	Wed	1:16	4.3	1:51	4.0	7:26	-0.1	7:51	0.2	5:52	8:23	
16	Thu	2:10	4.0	2:50	4.1	8:19	-0.1	8:54	0.3	5:53	8:23	
17	Fri	3:09	3.7	3:53	4.2	9:14	-0.1	9:59	0.3	5:54	8:22	
18	Sat	4:11	3.5	4:56	4.3	10:11	-0.1	11:05	0.3	5:54	8:22	
19	Sun	5:14	3.4	5:56	4.5	11:09	-0.2			5:55	8:21	
20	Mon	6:14	3.4	6:52	4.6	12:09	0.2	12:06	-0.3	5:56	8:21	
21	Tue	7:10	3.4	7:45	4.7	1:09	0.0	1:02	-0.4	5:57	8:20	
22	Wed	8:02	3.5	8:35	4.7	2:02	-0.1	1:54	-0.5	5:57	8:19	
23	Thu	8:52	3.5	9:22	4.7	2:49	-0.2	2:43	-0.5	5:58	8:18	
24	Fri	9:39	3.6	10:07	4.6	3:34	-0.2	3:29	-0.4	5:59	8:18	
25	Sat	10:25	3.6	10:50	4.5	4:16	-0.2	4:14	-0.2	6:00	8:17	
26	Sun	11:10	3.6	11:32	4.3	4:57	0.0	4:59	0.0	6:01	8:16	
27	Mon	11:53	3.6			5:38	0.1	5:44	0.3	6:01	8:15	
28	Tue	12:13	4.0	12:37	3.6	6:18	0.3	6:31	0.5	6:02	8:14	
29	Wed	12:55	3.8	1:23	3.5	7:00	0.5	7:21	0.8	6:03	8:14	
30	Thu	1:40	3.5	2:12	3.5	7:43	0.7	8:12	1.0	6:04	8:13	
31	Fri	2:27	3.3	3:04	3.6	8:28	0.8	9:06	1.2	6:05	8:12	