

Metompkin Inlet, VA - Aug 1998

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:19	3.1	3:59	3.7	9:15	0.8	10:01	1.2	6:06	8:11	
2	Sun	4:15	3.1	4:55	3.8	10:05	0.8	10:57	1.1	6:06	8:10	
3	Mon	5:10	3.1	5:47	4.1	10:56	0.7	11:52	1.0	6:07	8:09	
4	Tue	6:03	3.3	6:37	4.3	11:49	0.6			6:08	8:08	
5	Wed	6:53	3.4	7:24	4.6	12:44	0.8	12:40	0.3	6:09	8:07	
6	Thu	7:41	3.6	8:11	4.8	1:32	0.5	1:30	0.1	6:10	8:06	
7	Fri	8:29	3.9	8:57	5.0	2:18	0.2	2:18	-0.2	6:11	8:05	
8	Sat	9:17	4.1	9:44	5.1	3:03	0.0	3:06	-0.4	6:12	8:03	
9	Sun	10:05	4.2	10:31	5.0	3:48	-0.2	3:55	-0.4	6:12	8:02	
10	Mon	10:54	4.4	11:18	4.9	4:33	-0.3	4:46	-0.4	6:13	8:01	
11	Tue	11:44	4.5			5:20	-0.3	5:39	-0.2	6:14	8:00	
12	Wed	12:06	4.6	12:35	4.5	6:09	-0.3	6:36	0.0	6:15	7:59	
13	Thu	12:57	4.3	1:30	4.4	7:01	-0.2	7:37	0.2	6:16	7:58	
14	Fri	1:51	3.9	2:30	4.4	7:55	-0.1	8:40	0.4	6:17	7:56	
15	Sat	2:50	3.6	3:34	4.3	8:52	0.1	9:46	0.5	6:18	7:55	
16	Sun	3:54	3.4	4:40	4.3	9:52	0.1	10:53	0.5	6:18	7:54	
17	Mon	5:00	3.3	5:43	4.4	10:52	0.1	11:58	0.4	6:19	7:53	
18	Tue	6:02	3.3	6:41	4.5	11:52	0.1			6:20	7:51	
19	Wed	6:57	3.4	7:32	4.5	12:56	0.3	12:49	0.0	6:21	7:50	
20	Thu	7:47	3.5	8:18	4.5	1:46	0.2	1:40	-0.1	6:22	7:49	
21	Fri	8:33	3.7	9:01	4.5	2:29	0.1	2:26	-0.2	6:23	7:47	
22	Sat	9:16	3.8	9:42	4.5	3:08	0.1	3:10	-0.1	6:24	7:46	
23	Sun	9:58	3.9	10:22	4.4	3:46	0.1	3:51	0.0	6:24	7:45	
24	Mon	10:40	3.9	11:01	4.2	4:22	0.2	4:32	0.1	6:25	7:43	
25	Tue	11:21	4.0	11:40	4.0	4:58	0.3	5:14	0.4	6:26	7:42	
26	Wed			12:02	3.9	5:36	0.5	5:58	0.6	6:27	7:40	
27	Thu	12:20	3.8	12:45	3.9	6:15	0.7	6:44	0.9	6:28	7:39	
28	Fri	1:02	3.6	1:30	3.8	6:57	0.9	7:33	1.1	6:29	7:38	
29	Sat	1:47	3.4	2:20	3.8	7:43	1.0	8:26	1.3	6:30	7:36	
30	Sun	2:38	3.2	3:15	3.8	8:32	1.1	9:22	1.3	6:30	7:35	
31	Mon	3:34	3.2	4:13	3.9	9:25	1.1	10:19	1.3	6:31	7:33	