US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Nov 1998

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	**5:24**	4.4	**5:47**	4.5	**11:22**	0.0	**11:47**	-0.3	6:27	5:04	
2	Mon	**6:16**	4.8	**6:39**	4.6			**12:19**	-0.4	6:28	5:03	
3	Tue	**7:08**	5.2	**7:30**	4.6	**12:37**	-0.6	**1:14**	-0.6	6:29	5:02	
4	Wed	**7:59**	5.4	**8:22**	4.5	**1:26**	-0.8	**2:07**	-0.8	6:30	5:01	
5	Thu	**8:50**	5.5	**9:13**	4.3	**2:14**	-0.9	**3:00**	-0.7	6:31	5:00	
6	Fri	**9:42**	5.4	**10:05**	4.0	**3:04**	-0.8	**3:53**	-0.6	6:32	4:59	
7	Sat	**10:35**	5.2	**10:58**	3.8	**3:55**	-0.6	**4:48**	-0.3	6:33	4:58	
8	Sun	**11:28**	4.9	**11:53**	3.5	**4:48**	-0.3	**5:46**	0.0	6:34	4:57	
9	Mon			**12:24**	4.5	**5:46**	0.0	**6:46**	0.2	6:36	4:56	
10	Tue	**12:51**	3.3	**1:22**	4.1	**6:46**	0.3	**7:46**	0.4	6:37	4:55	
11	Wed	**1:55**	3.2	**2:25**	3.9	**7:49**	0.6	**8:45**	0.5	6:38	4:54	
12	Thu	**3:03**	3.2	**3:27**	3.7	**8:53**	0.7	**9:40**	0.6	6:39	4:53	
13	Fri	**4:06**	3.3	**4:24**	3.6	**9:55**	0.7	**10:29**	0.5	6:40	4:53	
14	Sat	**4:57**	3.5	**5:11**	3.5	**10:52**	0.7	**11:12**	0.5	6:41	4:52	
15	Sun	**5:40**	3.7	**5:53**	3.6	**11:41**	0.6	**11:50**	0.4	6:42	4:51	
16	Mon	**6:19**	4.0	**6:33**	3.6			**12:24**	0.5	6:43	4:50	
17	Tue	**6:58**	4.2	**7:13**	3.6	**12:27**	0.3	**1:04**	0.4	6:44	4:50	
18	Wed	**7:37**	4.3	**7:52**	3.6	**1:03**	0.2	**1:42**	0.3	6:45	4:49	
19	Thu	**8:16**	4.4	**8:32**	3.6	**1:39**	0.2	**2:20**	0.3	6:46	4:48	
20	Fri	**8:55**	4.5	**9:13**	3.5	**2:16**	0.2	**2:59**	0.3	6:47	4:48	
21	Sat	**9:36**	4.5	**9:53**	3.4	**2:54**	0.2	**3:40**	0.4	6:48	4:47	
22	Sun	**10:16**	4.4	**10:35**	3.3	**3:33**	0.3	**4:22**	0.5	6:49	4:47	
23	Mon	**10:58**	4.3	**11:19**	3.3	**4:16**	0.5	**5:08**	0.6	6:50	4:46	
24	Tue	**11:43**	4.2			**5:02**	0.6	**5:57**	0.6	6:51	4:46	
25	Wed	**12:07**	3.2	**12:32**	4.1	**5:55**	0.7	**6:48**	0.6	6:52	4:45	
26	Thu	**1:01**	3.3	**1:26**	4.0	**6:53**	0.7	**7:42**	0.5	6:53	4:45	
27	Fri	**2:00**	3.4	**2:25**	4.0	**7:54**	0.6	**8:36**	0.3	6:54	4:45	
28	Sat	**3:03**	3.6	**3:26**	4.0	**8:58**	0.4	**9:31**	0.1	6:55	4:44	
29	Sun	**4:04**	4.0	**4:25**	4.0	**10:01**	0.2	**10:25**	-0.3	6:56	4:44	
30	Mon	**5:01**	4.4	**5:21**	4.0	**11:04**	-0.1	**11:19**	-0.6	6:57	4:44	