US HARBORS www.USHarbors.com

Metompkin Inlet, VA - Jan 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**7:27**	4.8	**7:45**	3.5	**12:45**	-1.1	**1:41**	-0.8	7:17	4:54	
2	Sat	**8:19**	4.8	**8:37**	3.4	**1:37**	-1.2	**2:31**	-0.8	7:17	4:55	
3	Sun	**9:09**	4.7	**9:27**	3.4	**2:27**	-1.1	**3:20**	-0.8	7:17	4:55	
4	Mon	**9:57**	4.6	**10:16**	3.3	**3:16**	-1.0	**4:08**	-0.6	7:17	4:56	
5	Tue	**10:44**	4.3	**11:05**	3.2	**4:05**	-0.7	**4:55**	-0.4	7:17	4:57	
6	Wed	**11:30**	4.0	**11:53**	3.1	**4:56**	-0.4	**5:43**	-0.2	7:17	4:58	
7	Thu			**12:16**	3.6	**5:48**	-0.1	**6:30**	0.0	7:17	4:59	
8	Fri	**12:44**	3.0	**1:04**	3.3	**6:41**	0.2	**7:17**	0.2	7:17	5:00	
9	Sat	**1:37**	3.0	**1:55**	3.0	**7:36**	0.5	**8:03**	0.3	7:17	5:01	
10	Sun	**2:33**	3.0	**2:48**	2.8	**8:33**	0.6	**8:50**	0.3	7:17	5:02	
11	Mon	**3:30**	3.1	**3:43**	2.8	**9:30**	0.7	**9:38**	0.3	7:17	5:03	
12	Tue	**4:24**	3.3	**4:35**	2.8	**10:26**	0.7	**10:26**	0.3	7:17	5:04	
13	Wed	**5:13**	3.5	**5:25**	2.8	**11:19**	0.6	**11:13**	0.1	7:16	5:05	
14	Thu	**5:59**	3.8	**6:11**	2.9			**12:07**	0.4	7:16	5:06	
15	Fri	**6:44**	4.0	**6:56**	3.1			**12:51**	0.2	7:16	5:07	
16	Sat	**7:27**	4.2	**7:40**	3.2	**12:43**	-0.2	**1:33**	0.0	7:15	5:08	
17	Sun	**8:10**	4.3	**8:24**	3.3	**1:26**	-0.4	**2:14**	-0.1	7:15	5:09	
18	Mon	**8:52**	4.5	**9:07**	3.4	**2:09**	-0.5	**2:56**	-0.2	7:15	5:10	
19	Tue	**9:35**	4.5	**9:52**	3.5	**2:53**	-0.6	**3:38**	-0.3	7:14	5:11	
20	Wed	**10:18**	4.4	**10:37**	3.5	**3:38**	-0.6	**4:22**	-0.4	7:14	5:12	
21	Thu	**11:02**	4.3	**11:25**	3.6	**4:26**	-0.5	**5:08**	-0.4	7:13	5:13	
22	Fri	**11:49**	4.1			**5:19**	-0.3	**5:56**	-0.3	7:13	5:14	
23	Sat	**12:17**	3.6	**12:39**	3.8	**6:16**	-0.2	**6:48**	-0.3	7:12	5:15	
24	Sun	**1:13**	3.7	**1:34**	3.5	**7:17**	-0.1	**7:42**	-0.3	7:12	5:16	
25	Mon	**2:15**	3.7	**2:35**	3.2	**8:21**	0.0	**8:38**	-0.4	7:11	5:17	
26	Tue	**3:20**	3.8	**3:39**	3.1	**9:27**	0.0	**9:37**	-0.5	7:10	5:19	
27	Wed	**4:24**	4.0	**4:42**	3.0	**10:34**	-0.1	**10:37**	-0.6	7:10	5:20	
28	Thu	**5:25**	4.2	**5:42**	3.1	**11:38**	-0.3	**11:36**	-0.8	7:09	5:21	
29	Fri	**6:22**	4.3	**6:37**	3.2			**12:36**	-0.5	7:08	5:22	
30	Sat	**7:14**	4.4	**7:30**	3.3	**12:32**	-1.0	**1:27**	-0.6	7:07	5:23	
31	Sun	**8:04**	4.5	**8:19**	3.3	**1:23**	-1.1	**2:14**	-0.7	7:07	5:24	