

Metompkin Inlet, VA - Jul 1999

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:00	3.4	11:21	4.5	4:46	0.3	4:39	0.3	5:44	8:28	
2	Fri	11:43	3.4			5:28	0.3	5:24	0.4	5:44	8:27	
3	Sat	12:03	4.4	12:27	3.5	6:11	0.3	6:13	0.5	5:45	8:27	
4	Sun	12:47	4.3	1:15	3.6	6:57	0.3	7:07	0.5	5:45	8:27	
5	Mon	1:34	4.1	2:08	3.7	7:46	0.3	8:05	0.6	5:46	8:27	
6	Tue	2:26	3.9	3:05	3.9	8:36	0.2	9:06	0.5	5:46	8:27	
7	Wed	3:24	3.7	4:06	4.1	9:29	0.1	10:09	0.4	5:47	8:27	
8	Thu	4:25	3.6	5:07	4.4	10:24	-0.1	11:14	0.2	5:48	8:26	
9	Fri	5:26	3.6	6:05	4.7	11:21	-0.3			5:48	8:26	
10	Sat	6:25	3.6	7:02	5.0	12:17	0.0	12:18	-0.5	5:49	8:26	
11	Sun	7:22	3.7	7:57	5.1	1:17	-0.2	1:14	-0.7	5:49	8:25	
12	Mon	8:17	3.7	8:51	5.2	2:13	-0.5	2:09	-0.8	5:50	8:25	
13	Tue	9:11	3.8	9:43	5.2	3:05	-0.6	3:01	-0.9	5:51	8:24	
14	Wed	10:04	3.8	10:34	5.0	3:55	-0.6	3:53	-0.8	5:51	8:24	
15	Thu	10:56	3.8	11:23	4.7	4:45	-0.5	4:45	-0.6	5:52	8:24	
16	Fri	11:46	3.7			5:33	-0.4	5:37	-0.3	5:53	8:23	
17	Sat	12:10	4.4	12:36	3.7	6:21	-0.2	6:31	0.1	5:54	8:22	
18	Sun	12:57	4.1	1:27	3.6	7:09	0.1	7:26	0.4	5:54	8:22	
19	Mon	1:45	3.7	2:19	3.5	7:57	0.3	8:22	0.7	5:55	8:21	
20	Tue	2:36	3.4	3:14	3.5	8:44	0.5	9:19	0.9	5:56	8:21	
21	Wed	3:29	3.1	4:11	3.6	9:30	0.6	10:17	1.0	5:57	8:20	
22	Thu	4:24	3.0	5:05	3.7	10:18	0.7	11:13	1.0	5:57	8:19	
23	Fri	5:18	3.0	5:56	3.8	11:06	0.7			5:58	8:19	
24	Sat	6:09	3.0	6:42	4.0	12:07	0.9	11:55 AM	0.6	5:59	8:18	
25	Sun	6:56	3.1	7:27	4.2	12:55	0.8	12:42	0.5	6:00	8:17	
26	Mon	7:41	3.3	8:10	4.4	1:39	0.7	1:27	0.3	6:00	8:16	
27	Tue	8:25	3.4	8:52	4.6	2:19	0.5	2:10	0.2	6:01	8:15	
28	Wed	9:08	3.6	9:34	4.7	2:59	0.4	2:53	0.1	6:02	8:15	
29	Thu	9:51	3.7	10:16	4.7	3:38	0.3	3:35	0.1	6:03	8:14	
30	Fri	10:35	3.8	10:57	4.7	4:18	0.2	4:19	0.1	6:04	8:13	
31	Sat	11:18	3.9	11:39	4.5	5:00	0.2	5:05	0.1	6:05	8:12	